

Muckleshoot MONTHLY



No. VI Vol. XIV

Muckleshoot Indian Reservation, Wash.

JULY 15, 2013

New Interior Secretary Jewell makes emotional pledge to Native Americans

RENO, Nev. (AP) – In her first address to Indian Country as the new U.S. interior secretary, Sally Jewell made an emotional pledge Thursday to help right past wrongs against Native Americans and work with tribes "nationto-nation" to protect their sovereignty and develop their cultural and natural resources to become more economically self-reliant.



Sally Jewell

Jewell, who became secretary in April, fought back tears and paused to compose herself near the close of her remarks to about 300 delegates of the National Congress of American Indians in Reno. The casino-ballroom audience gave her a standing ovation.

In her speech, the former Seattle CEO of outdoor retailer REI told of her childhood experiences with Native Americans growing up in and around the Puget Sound area of Washington state. She then recounted the "different view" she had when she returned as secretary this spring to a favorite kayaking spot near Olympia across from reservation land at Squaxin Island.

"I thought about my obligations to you," Jewell said. She paused, then added, "I'm going to get emotional here..."

"The federal government does not have a proud legacy when it comes to upholding our promises," she said, her voice cracking. "I can't reverse all of that in a four-year period of time, but I can make important

She vowed to be an advocate in the federal government for tribes, saying it is part of her job as secretary

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Listening to the Muckleshoot Community...

Community Survey

As our community grows and changes, so also do community needs. To help us better understand those needs and respond appropriately, the Tribal Council is conducting a demographic and needs assessment to help guide resource allocation decisions.

The Tribal Council has retained the services of a local firm that specializes in this type of research. Working with the Tribal Council and staff this firm has developed research protocol and recruited ambassadors to conduct the survey. These well trained and properly supervised ambassadors are surveying 400 - 500 households on the Reservation. Surveys are being conducted door-to-door, on-line, on the telephone and at Tribal events. The ambassadors are trained to be courteous, professional and equipped to answers questions that come-up.

In addition to basic demographic information, this project will help identify community needs in the areas of employment, education, housing, transportation, public safety and related areas. We also want to understand the best way to use media, such as public access television or the internet, to disseminate information to the community in the future.

This information will help the Tribal Council identify things such as;

- What kinds of jobs do tribal members want and how best to match education, training and economic development programs to those jobs?
- What are the housing needs of the Muckleshoot community?
- How can the Tribal Council meet the transportation needs of the community?

We want to be responsive to our community and do all we can to meet the many important needs of tribal members. This survey will help us do just that.

We will report back to the community after results are available.

GRADUATIONS 2013:

MIT Enjoys Another Excellent Graduation Season

By Joseph Martin, MIT Assistant Tribal Operations Manager for Education

MUCKLESHOOT -We all gathered together on the evening of Friday, June 7, 2013 in the Muckleshoot Tribal School Gymnasium to celebrate the graduation of 15 more high school seniors. Placing this into a historical context, in the past four years, we have graduated 69 high school seniors compared to the total of 32 graduates we had at the Muckleshoot Tribal School from 2001 through 2009 (a period of nine years).

This means that previously our Tribal School averaged 3.5 high school graduates each year for the nine years (2001-2009) before Muckleshoot Tribal School moved to its beautiful new campus in September 2009. During the



MIT's ATOM/Education Joseph Martin (at right) sings an honoring song at the commencement ceremonies for The Muckleshoot Tribal School's Class of 2013.

evening of Friday, June 7, 2013, we graduated 15 more high school seniors in one night – establishing the consistency of graduating an average of 17 students per year for the past four years.

At our elegant MIT Higher Education Graduation Dinner on June 20th, we also celebrated the wonderful accomplishments of Anita Mitchell earning her Juris Doctorate Degree from Syracuse

University; Valerie Segrest earning her Master of Science in Environment and Community from Antioch University; Romajean Thomas earning her Master of Science Degree in Environment and Community from Antioch University; and Samantha McGee earning her Master of Arts in Leadership and Organizational Development Systems from Jones University. We had a high number of

Muckleshoot Tribal Members (27) graduate with college degrees in 2013. It is an absolutely huge milestone for all of these Muckleshoot scholars to accomplish these excellent educational achievements of attaining their college degrees.

We also achieved excellent numbers of graduates from our Muckleshoot Head Start Program, with 47, and our

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Muckleshoot Kings basketball coach Bill Hawk to be inducted into Hall of Fame

Former Enumclaw High basketball coach Bill Hawk, who led the Hornets to nine state tournaments, is slated for induction into the Washington Interscholastic Basketball Coaches Hall of Fame. The ceremony takes place the evening of July 24 at the Tacoma Elks Club.

While many coaches were hoop stars during their high school years, that was not the case for Hawk, a graduate of Clover Park High School. The only varsity sport he played for the Warriors was football, which he continued to play at Western Washington University.

But Hawk knew he loved sports and wanted to get involved in the coaching end, so he became a serious student of both football and basketball and started his coaching career during his first year of teaching.

Forty-three years later, he's still at it.

During his first 17 years, Hawk was either the freshman or voluntary varsity assistant basketball coach as well as the defensive coordinator for the



Coach Hawk, at left, with the Kings as they received the 6th place trophy in the 2012 State 1B Championships.

football team at Enumclaw High.

Then, after Hall of Fame basketball coach Gary Radliff retired, Hawk took over the Hornet reins and had a hugely successful 15-year run. During that time, his teams amassed eight championships and nine state appearances with five placings. He earned seven league coaching honors and, along the way, compiled a 276-95 record.

Career highlights include third-place state finishes in both 1990 and

wife of 32 years, Mindy, and sons Jeff and Kevin moved to the Vancouver, Washington area where Hawk coached the Battle Ground Tigers for four years before he lost his relevy failures. He then returned to the Plateau for a River High.

Opportunity knocked once again with a chance the 2012 team. to start a program from the ground up Muckleshoot Tribal School. Hawk and athletic

In 2002, Hawk and his director Tim Tubbs relished the challenge of making the Muckleshoot Kings into a competitive program that would be a source of pride to the tribal community. All four of his teams have at least made tire-rehire job to a series of it to the district playoffs and two of the teams played in the State Tourtwo-year stint at White nament, which culminated in a sixth-place finish in the 1B Championships for

> at the Reprinted from the Enumclaw Courier Journal



Your Vote Matters

A little more than 2 months ago King County Fire District 44 Proposition One, a measure intended to help maintain fire and basic life support services for our community, failed at the polls by a very slim margin. While the Fire District intends to re-submit that Proposition to the voters again its defeat last April stands as a stark illustration of the importance of every single vote. With the 2013 Primary just around the corner the Tribal Council wants to use this month's column to encourage all Muckleshoot voters to cast an informed vote in this very important election.

While even-year elections for offices like Congress, Governor and President tend to get a lot of our attention and generally experience a robust voter turnout, these odd-year local elections are also very important. They provide us the best opportunity to make decisions that have a direct impact on our lives right here in our community.

This year's August 6th Primary Election will determine which candidates advance to the November General Election, including candidates for such important offices as King County Executive and County Council, Port of Seattle Commissioner, Auburn Mayor and Kent, Black Diamond, Federal Way, Pacific and Auburn City Councils.

Over the past several months the Tribal Council's Public Affairs Committee has been meeting with various local candidates to learn more about their reasons for running and positions on issues important to our community. Based on those meetings the committee voted to make campaign contributions to Auburn mayor candidate Nancy Backus and Auburn City Council candidates Yolanda Trout and Rich Wagner.

Voters' Pamphlets for the August 6th Primary Election will be mailed July 16th. There is also a great deal of information about the candidates on the King County Elections web site - http://www.kingcounty.gov/elections/currentelections/201308/candidates.aspx.

Ballots will be mailed July 17th and must be returned by election-day August 6. If you are not yet registered to vote you can download a voter registration form from the Secretary of State's website at http://www.sos.wa.gov/.

The Tribal Council encourages all Muckleshoot community members to take the time to learn about the candidates where they stand on issues and why they want to represent you.

This is an important election and your vote matters.



YOUTH ATTEND SEATTLE STORMS BASKETBALL GAME. Recreation and Youth Development Program took MIT Youth to the Seattle Storm game on Saturday, June 28, 2013. They were able to play on the Key Arena floor for about an hour, and later on that night watch the game against New York Liberty.

MIT GRADUATION continued from page 1

Tribal School kindergarten classrooms, with 34. If you combine the total number of graduates from Head Start through higher education, it would look like this: Head Start – 47; Tribal School kindergarten – 34; 5th grade – 26, 8th grade – 24; high school – 15; Muckleshoot students graduating from other local high schools – 18; higher education: college degrees – 27; post-secondary certificates – 32; and, finally, GEDs

The 2013 Muckleshoot Tribal graduation season had another excellent total of 241 graduates. This means that we held steady with 241 Muckleshoot graduates this year compared to last year's total of 252 in 2012.

I had the good fortune of celebrating these graduation ceremonies with all of my friends and family from the Muckleshoot Community. I want to take this opportunity to salute all of our proud 2013 Muckleshoot graduates and to again celebrate the fulfillment of our long held dream that has come to fruition – to have a Muckleshoot Early Childhood Education Center and our K-12 Muckleshoot Tribal School located on one campus—where all of our students are provided the tools and skills they need for academic success

- in a culturally-relevant setting.

I want to thank each and every person who contributed their time and hard work to make this 2012-2013 academic year and graduation season so successful. We all have witnessed and participated in another historic graduation season for the Muckleshoot Indian Tribe. Let us also give thanks to the many tribal elders and tribal leaders whose dreams and hard work have made the Muckleshoot Indian Tribe's vision of "education as a lifelong journey" possible.

I am extremely proud of all the dedication and teamwork that has been exhibited by the Muckleshoot Department of Education in the past academic year. We all want to offer a special thank you to the students, parents, faculty and staff of all Muckleshoot Department of Education programs for being the driving force of excellence in all of our programs. We truly have a strong family of educators in the Muckleshoot Indian Tribe who are "pulling together." We are looking forward to working with each and every one of you to achieve the highest level of excellence in education now and into the future.

INTERIOR SECRETARY JEWELL continued from page 1

to help set them up for success for generations. She added President Barack Obama and former Interior Secretary Ken Salazar "opened a new chapter" in relations with Indian Country.

"I will keep that chapter open," Jewell said. "I will take it to the next level if I'm allowed to do that with your help."

Jewell touched on a variety of topics during her address, including the importance of exploiting opportunities to develop both traditional and renewable sources of energy on federal tribal lands. She repeated concerns she raised in her first appearance before the Senate Indian Affairs Committee last month about an "embarrassing" backlog of needed repairs at tribal schools.

"We know education is the opportunity that lifts Indian children from the current, into the future," Jewell said. "We've spent \$2 billion since 2002 on schools, but they still are in

poor conditions, many of them."

She drew applause when she later advocated "culturally appropriate education that you direct."

"My North Star in supporting you will be promoting tribal self-governance and self-determination, recognizing the inherent right of tribal governments to make your own decisions," she said. "You know better than any of us do what you need in your tribes and in your communities."

Jewell's appearance came a day after Obama announced the establishment of a White House Council on Native American Affairs to promote a healthier relationship among the United States and tribal governments. The leaders of 30 federal departments and agencies will serve on the council, which is charged with aiding tribes with economic development, transportation, housing and health care.

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SUBSCRIPTION REQUEST / ADDRESS UPDATE

[] New subscription [] Address change
Name	
Address	
City & State	Zip
If this is an address ch	ange, list previous
address:	
Address	
City & State	Zip
[] I am a Muckleshoot t	ribal member,
[] I have ties to the Mu	ckleshoot Tribal
Community	
Please explain:	



Muckleshoot Tribal Council

Virginia Cross, *Tribal Chair*Mike Jerry Sr., *Vice-Chair*Charlotte Williams, *Secretary*Nick Bennett, *Treasurer*

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Kerri Marquez
Marie Starr
Louie Ungaro



Lift Our Hands Out To!

MCFS RECOGNIZES REUNITED FAMILIES

The Muckleshoot Child and Family Services staff held their first Recognition Dinner for the families who worked hard in getting their children back. It was a small crowd, but it will be a first of many to come.

Some of the comments were, is that "the program always gets a bad rap for having to remove kids from the parents, and this is a way to thank the parents for working hard to get them back."

Two of the few parents that were recognized stated that "thank you MCFS, for working with me to get my kids back, I love my kids and I wanted to succeed to get them back."

This is just the first Recognition Dinner, and we look forward to having more, to thank our parents for working

~ Sharon Curley

News from the Muckleshoot Personnel Committee

The Muckleshoot Personnel Committee would like to welcome our newest member, John LaClair. We are looking forward to yet another year of dedicating ourselves to you, tribal members, who are seeking employment/advancement within our Tribe. Here is some helpful information for you job seek-



- 1. Preference in Hiring. Preference in employment shall be given in the following order, consistent with the requirements set out in this policy;
 - A. First, to an enrolled member of the Muckleshoot Indian Tribe where the position is funded by the tribal funds or where such Muckleshoot Tribal Preference is not otherwise contrary to applicable law;
 - B. Second, to the descendant of an enrolled Muckleshoot Tribal Member where the position is funded by tribal funds or where such Muckleshoot Tribal Preference is not otherwise contrary to applicable law;
 - C. Third, to a member of a federally recognized Indian Tribe.
 - D. The employment preferences set out in this section shall be implemented as follows in the order of priority as just described (e.g. if two of the best qualified candidates are a Muckleshoot Tribal Member and a descendant, the Muckleshoot Tribal Member is hired in accordance with the order defined in this provision).
- Muckleshoot Tribal Preference. Except as provided

below, when a Muckleshoot Tribal Member meets the job qualifications for a position, the Indian Preference Policy applies and the Muckleshoot Tribal Member shall be employed. If a tribal member does not currently meet all the job qualifications, for that position but will meet all job qualifications for that position by the end of the Interdictory Period of that position the tribal member may be hired, provided that the tribal member will not be eligible to be a regular employee until all job qualifications are met. Past job performance at the Tribe that does not involve gross misconduct or unlawful activities cannot be the sole reason for determining that a tribal member does not meet the job qualifications.

Also it states in the Personnel Policies and Procedures Manual on page 17, under Required Licenses and Insurability: "The only exception to this policy is that, when appropriate to the position, MIT shall consider experience for education in lieu of GED and drivers license entry level requirements for Muckleshoot Tribal Members so as long as the GED/ drivers license, if applicable, is secured by the Employee within the 180 days of the initial date of employment. However under no circumstance can MIT surrender driver's license requirements unless the individual applicant would not be required to operate a motor vehicle in the performance of his or her job duties as required in his/hr job description."

Furthermore: "MIT shall consider experience in lieu of education, when appropriate. Meaning applicant must have previous experience and can demonstrate that he/she can fulfill all proposed duties he/she being hired for. Also without question applicant must possess the ability to perform all job duties assigned."

Joseph Rodarte

Joseph Rodarte passed away on June 13, 2013 in Puyallup, Washington at the age of 68. He is survived by his daughters, Jeanette Misner, Leanette Howdeshall, Angela Page and Jolene Frazee; brothers, James Rodarte, Sr., Robert Rodarte, Sr., Roger Rodarte, Jerry Rodarte,



Sr., David Rodarte, Sr. and Michael Rodarte; sisters, Bernice Heintzelman, Virginia Johnson, Betty Auxier and Shirley Sanchez; five grandchildren and one greatgrandchild.

Mr. Rodarte was preceded in death by his wife, Janet Lori Rodarte, on December 19, 2011; son Joseph Rodarte III; parents Joseph & Mary Rodarte, Sr.; brother Frank Rodarte, Sr.; and sisters, Erlinda Rodarte, Estella Carter, Evangeline Daniels, Mary Emery and Cheryl Jimenez.

Funeral services were held on June 19, 2013 at the Church of Jesus Christ of Latter Day Saints in Buckley,

Titus Hunter Pulsifer passed away on July 6, 2013. Watch for an obituary in next month's edition.

INTERIOR SECRETARY JEWELL continued from page 2

"My boss in the Oval Office cares deeply about you," she told the gathering Thursday in explaining how leaders in a variety of Cabinet agencies will work more closely on issues important to tribes.

Arlen Melendez, chairman of the Reno-Sparks Indian Colony and a former member of the U.S. Commission on Civil Rights, said Jewell's upbringing in the Pacific Northwest and her connection to the environment struck a chord with tribal leaders, who seemed "very pleased" with what she said.

"I think a lot of the tribes didn't really know who she

was, but listening to her, I think they can be confident she's going to be really good for Indian Country," Melendez said in an interview after the speech.

Jewell told the gathering her family moved to Seattle from England just before she turned 4. Some of her earliest memories included proudly wearing a tribal mask made of cardboard when they would go to Blake Island in Puget Sound "to watch the Indian dancers."

"The introduction to tribal culture – even though that is sort of a tourist thing, it actually is a very powerful and spiritual thing as well," she said.

Jefferson Keel, president of the National Congress of American Indians and lieutenant governor of the Chickasaw Nation in Oklahoma, said he agreed that Jewell is well-positioned to build on better relations that began in Obama's first

"We believe that chapter – and that door – is wide open now and will lead to a new level of understanding in this nation-to-nation relationship," Keel said.

Muckleshoot Child & Family Services (MCFS)

Fathers Matter Group Family Activity

By Etene La'auli Taimalelagi, Social Worker II, MCFS

On June 9, 2013, the MCFS Fathers Matter group Building "Cougar Room" since April 25, 2013. The classes participants gathered their families and boarded a chartered bus heading to Safeco stadium to watch the Seattle Mariners and New York Yankees play. The Fathers and their families were excited with anticipation because they wouldn't be seated in just any old seat in the "nose bleed" section; instead, they were treated to an area with high tables and chairs, a buffet line of food, buckets of stadium popcorn and peanuts and a field level view in "The

The Pen is situated in close proximity to the pitching bullpens of each team. The area of the Pen sectioned off for the group was field level center field. One Father participant stated, "I've never, let alone my children, been this close up to the field of play." The Fathers, spouses and their children had a great time watching the game from their vantage point.

The Fathers Matter group has been meeting every Thursday from 3:00pm to 5:00pm at the Philip Starr were planned in conjunction with the Washington State's Children's Administration and the Muckleshoot Tribe Child and Family Services Department. Jonah Idczak, Father Engagement specialist with Children's Administration was instrumental in providing a nationally recognized curriculum that focused on the role of Fathers with open dependency

There have been numerous studies that focus on the unintended consequences of fatherless homes. This Fathers Matter class focuses on teaching or enhancing the skill-set of fathering and what that means to the overall positive development of their children in both native traditional teachings and mainstream ideas on nurturing and raising children.

The Mariners game activity was a great opportunity for Fathers to spend quality family time with their children and spouses. Smiling faces, high-fives on a good play, plenty of food and soda pop and watching two great major league teams play was indeed a blessing for all that participated.

















First Salmon Ceremony & Dinner

June 28, 2013 | Muckleshoot Tribal School

Photos by John Loftus







































Keta Creek Kids Derby - June 15th

What a great day for a Derby! Over 340 people came to Keta Creek Hatchery on a beautiful June Saturday morning for our annual Kids Fishing Derby. Many arrived early to claim their favorite spot at one of the three trout ponds before heading down to eat a pancake breakfast prepared by derby staff.

There were 150 kids age twelve and under testing both their skill and luck (with a little help from family). And thanks to our Fisheries Enforcement team who enforced the "no snagging" rule, fun fair fishing was had by all.

Staff at the weigh-in station were kept busy weighing and counting fish. The Biggest Fish was 8 pounds, 8 ounces, while the Most Fish caught for 5-8 year age group was 68 and 63 for the 9-12 year age group.

The top ten winners present within each of the three categories came on stage to claim their prize, which included a Kindle Fire HD, camping gear, 12' pools, giftcards, a 7" Nextbook tablet, and much, much more. Pee-Wee's Pond

was open for "Fishing" for all kids 12 and under, allowing everyone to take home a prize. In addition, kids' age 0-4 years had a chance to "fish" for a wrapped bonus prize, including splash pools and summer water toys. After fishing for two hours in the morning, the lunch of grilled hamburgers, hotdogs, salads, and watermelon was welcomed by everyone.

Thank you to all that helped out and participated in this year's Kids Derby.

The next derby will be the Family Derby; all ages of MIT members and their family will be able to fish from 10am till noon. It will be held on August 10th with breakfast starting at 8:30am. Hope to see you there! For the health and safety of others, please leave your animals at home.

Contact: Gail @ Keta Creek Hatchery – (253) 876-3178 34900 – 212th Ave SE Auburn

Family Derby – August 10th Fall Fishing Classic – September 28th



Muckleshoot VETERANS POW-WOW

June 14, 15 & 16, 2013

PHOTOS BY DAVID H. BAREHAND



































Honoring our Graduates $\frac{\text{muckleshoot monthly}}{\text{Muckleshoot monthly}}$

Scholarship Graduates

2012-2013 Degrees

Last Name First Name College Mitchell Anita Syracuse University McGee Samantha Jones University Romajean Antioch University **Thomas** Antioch University Segrest Valerie Arquette Katherine Antioch University Cruz Alexandra Antioch University **Daniels-Montes** Antioch University **Emiley Emery** Janet Antioch University Valdemar Antioch University Maldonado Marsette Faline Antioch University Martin Rita Antioch University Nelson-Jerry Thea Antioch University WhiteEagle Gail Evergreen State College Gilbert Adame Northwest Indian College Eyle Sallie Honolulu Community College Carranza Henry Northwest Indian College Davis Rose Northwest Indian College Northwest Indian College Herda Jonathan Lozier Julia Northwest Indian College Mykle Ann **BATES Technical College** Mora Gracia **BATES Technical College** Morrison Northwest Indian College Morrison Regina Carlene **BATES Technical College** Moses Champions Centre College Oliver Warren Northwest Indian College Simmons Joylene Ulrich Northwest Indian College Roseann Clover Park Technical College West Natasha

Degree Juris Doctor

Master of Arts in Education Leadership & Administration

Master of Arts in Leadership & Organizational Developmental Systems

Master of Science in Environment & Community

Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Human Dev't, Leadership & Org Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies Bachelors of Arts, Liberal Studies in Leadership & Organizational Studies

Bachelors of Arts, Liberal Studies Associates of Arts & Science Direct Transfer

Associates of Arts- Cosmetology

Associates of Arts & Science Direct Transfer Associates of Arts & Science Direct Transfer Associates of Arts & Science Direct Transfer

Assoc. Arts Science, Direct Transfer

Associates of Technology- Marketing & Bus. Mgmt. Direct Transfer Associates of Technology- Marketing & Bus. Mgmt.Direct Transfer

Assoc. Arts Science, Direct Transfer

Associates of Technology- Marketing & Bus. Mgmt.Direct Transfer

Associates in Church Leadership & Ministry Assoc. Arts Science, Direct Transfer Degree Assoc. Arts Science, Direct Transfer Degree

Associates of Applied Technology in Business Support Services

2012-2013 Certificates

Last Name First Name Brown **Emiley Byars** John **Daniels** Corina Comenout Dareece Dais Amy Elkins John III John Laura Mora Mykle Ann Morrison Gracia Moses Carlene Moses Verna Otero-Torres Vanessa Starr Ginger Williams Alexander Briceno Monica **Butler** Stephanie Ronnie Brown **Daniels James** Foreman Corey Fresnilla Jayson Hamilton Levi Jansen Jason Judge Gregg Lindgren Stephanie **Thadious** Lozier Miller Jr. Dewey Eli Nelson Stephon Rincon Ross Franklin Ward Brenda Lavonna WhiteEagle-Brown

Highline Community College **BIA Indian Police Academy** Cortiva Institute **BATES Technical College BATES Technical College** Muckleshoot Tribal College Muckleshoot Tribal College

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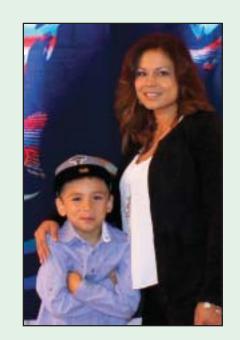
Certificates ACHIEVE II Land Management Police Massage Therapist Business Management I, II, & III Business Management I & II Business Management I & II Business Management II & III Business Management I, II, & III Business Management I, II, & III Business Management I & II Business Management I, II, & III **Business Management III** Business Management I, II, & III **Business Management III** MOST A+1 & A+2 & Windows MOST Basic & Intermediate MOST Windows 7 & Net+ MOST A+1 MOST Basic, MCP, A+2 **MOST Basic**

MOST Basic MOST Basic MOST Basic MOST Basic

MOST Basic & Intermediate MOST Basic & Intermediate MOST Basic & Intermediate MOST Basic & Intermediate

MOST Basic MOST Intermediate **MOST Basic** MOST A+2





2012-2013 GED Graduatos

2012-2013 (JED Gra	auates	
Last Name	First Name	College	Certificate
Barr	Natalie	South Puget Sound Com. College	GED Certificate
Cabanas-Oliver	Sylena	Muckleshoot Tribal College	GED Certificate
Courville	Alfredo	Muckleshoot Tribal College	GED Certificate
Eyle	Nelson	Muckleshoot Tribal College	GED Certificate
Fresnilla	Jayson	Muckleshoot Tribal College	GED Certificate
Gonzales	Andrea	Green River Community College	GED Certificate
Gonzalez	Floyd	Institute of Extended Learning	GED Certificate
Gonzales	Keista	Muckleshoot Tribal College	GED Certificate
Konoske	Rachel	Clover Park Technical College	GED Certificate
Laclair	Wesley	Muckleshoot Tribal College	GED Certificate
Miller	Henry	Muckleshoot Tribal College	GED Certificate
Mitchell	Janika	Muckleshoot Tribal College	GED Certificate
Nichols	Chantilly	State Board for Com. & Technical Co	olleges GED Certificate
Porterfield	Charlotte	Muckleshoot Tribal College	GED Certificate
Grant Price	Aaron	Muckleshoot Tribal College	GED Certificate
Spencer	Haley	Muckleshoot Tribal College	GED Certificate
Starr	Richard	Muckleshoot Tribal College	GED Certificate
Valles	Zackary	Muckleshoot Tribal College	GED Certificate









Honoring our Graduates =















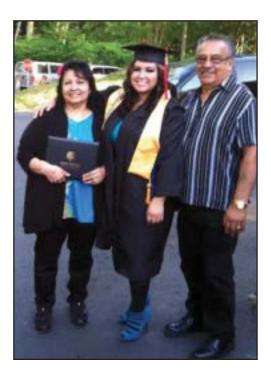
Northwest Indian College at Muckleshoot

2012-13 Graduates

Gilbert Adame – Associate of Arts and Science (General Direct Transfer) Eve Blake – Associate of Arts and Science (Native American Studies) Henry Carranza – Associate of Arts and Science (General Direct Transfer) Rose Davis – Associate of Arts and Science (General Direct Transfer) Gene Enos – Associate of Arts and Science (General Direct Transfer) Gloria Evans – Associate of Arts and Science (General Direct Transfer) Claudia Griffin – Associate of Arts and Science (General Direct Transfer) Jonathan Herda – Associate of Arts and Science (General Direct Transfer) Caylen Jansen – Associate of Arts and Science (General Direct Transfer) Natasha Lowe – Associate of Arts and Science (General Direct Transfer) Julia Lozier – Associate of Arts and Science (General Direct Transfer) Regina Morrison – Associate of Arts and Science (General Direct Transfer) Brianna Perez – Associate of Arts and Science (General Direct Transfer) Joylene Simmons – Associate of Arts and Science (General Direct Transfer) Roseann Ulrich – Associate of Arts and Science (General Direct Transfer) Layla Yamabe – Associate of Arts and Science (General Direct Transfer)













Here are a few pictures of my Great Grand Niece and her followers at her Graduation up at the Lummi Campus. It was a proud day for her Grandparents that raised her to make her the super great lady she is today. The Gramma said her face was hurting form smiling so much! It was a super great day for all of us concerned with this young lady.

~ Renee Lozier





"Couldn't have done this without your support! I Love You Greg!"

– NWIC 2013 Graduate with Honors and Phi Theta Kappa...

Julia Lozier

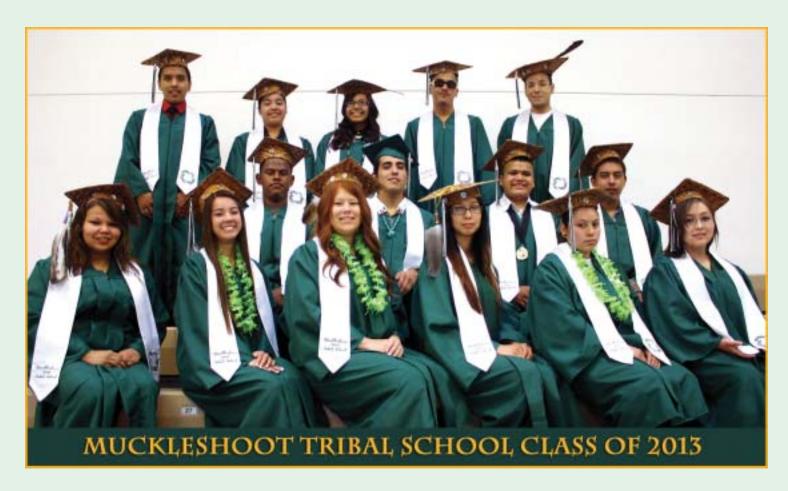
Honoring our Graduates $\frac{\text{Muckleshoot monthly}}{\text{Muckleshoot monthly}}$

Muckleshoot Tribal School

Class of 2013 (2)

PHOTOS BY LJ PHOTOGRAPHY

Sylvia Agaton **Buddy Brendible** Ladana Burdeau Joshua Cline Carlee Eyle Xavier Fulgencio Kacey Heffington Sidney Lazzar Veronica Milne Elizabeth Ocampo Sampson Sam Natalie Starr Brooke Wellman Danny White Marvin Moses





Carlee Eyle



Elizabeth Ocampo



Kacey Heffington



Natalie Starr



Sylvia Agaton



Ladana Burdeau



Marvin Moses



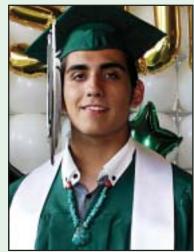
Brooke Wellman



Danny White



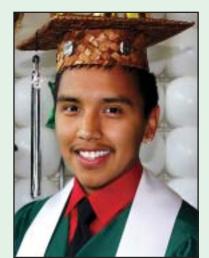
Sampson Sam



Josh Cline

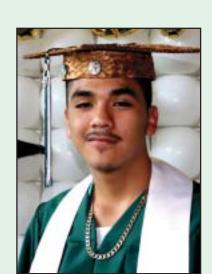


Sidney Lazzar



Buddy Brendible





Xavier Fulgencio

































HONORING OUR GRADUATES -

Head Start Grads for 2013

Eagles Class

Arianna Greenway Alex Sam Frank Jerry III Yaretzi Reyes-Cruz Karley James Aaron Ramos

Cubs Class

Ebony Aho Marcella Anderson Noel Baker Reagan Courville Pedro Courville-Fernandez Jared Cross LaMya Hamilton Tyler Herda Natalie John Stephen-James LaClair Madison Loggins Lillian Lozier Alesha Martin Savina Moses-Atimalala Beatrice Nelson Sierra Nelson Ronald Penn IV Aurelia Sanchez Kandance Simmons Lewis Ekegren

Orca Class

Teuila Atimalala Bailey Brown Lilia Castaneda Derek Daniels T'Ann Daniels Luca Dobbins Lyena Gopher Cristiana Manning Kirah Marquard Leilani Moran Macy Myers Nayeli Rodriguez Loren Simmons-Barr Nova Starr Alfred Williams Jayden Williams Aliyanna Tiznado-Jansen Chandra Eaglespeaker

Salmon Class

Zippora Green Noelia Valdiviezo-Oliver









2013 Birth to Three Graduates

Birth to Three has had the pleasure of serving many students over the 2012-2013 school year. Above are the names of many on the student that have participated and or graduated the program. We want to thank the student, parents, and community for supporting our future leaders.

JaydeLouise Atimalala Annasyn Benson Ian Castaneda Sahale Daniels Jayda Elkins Kory Jr Elkins Nathaniel Elkins Flora Emery Carlionna Kahama Kimiella Lozier Jakobe Moses

Josiah Moses Michael Moran Sa'Niyah Ramos-Phidd Jesenia Serratos Khole Spencer-Bargala Michelle Starr Naveah Tallwhiteman Talon Wagner Christopher Wayne Loretta Weed Henry Williams

P11

Honoring our Graduates

Muckleshoot Tribal School Kindergarten, 5th & 8th Grades

Kindergarten

Aho, Kaimi Anderson, Benjamin Anderson, Michael Baker, Austin Brown, Ma'leah Dobbins, Rand Fryberg, James Garcia, Alejandra K. James Clark, Isabelle James, Tristan Jerry, Muhkayluh Johnson Coleman, Jeffery Korndorfer, Cedar Lara Rincon, Arsylia Leonard, Jaiden Lobehan Keelline, Dwayne Lozier, Rosa Mashadda, Lorenzo Mathias, Larissa McDaniel, Jordan Moses, Dominick Pacheco, Sy Coo Moo Palva, Sefirah Ridley, Peyton Ross, Nevaeh Sagatu, Lydia Sam, Westin Simmons, Silas Starr, Biduchyaht Ulima, Annalisa Vigil, Ryder G. Walker, Da'Janae



5th Grade

Ward, Kaylia Weeks, Wyndin WhiteEagle, Theron

Adame, Esaiel Arvizu, Guenavive J Baker, Jack Bakke, Sage N. Bennett, Carlos A. Courville, Amos M. Foreman, Cody L. Hannigan, Chayton A. Herrera, Malena Jansen, Marcia Kitsap-Moses, Annie J. Kitsap-Moses, Miranda R. Lobehan, Elijah C. Lozier, Katalina D. Marquard, Marcus R. Marquard, Taneesha M. McMillan, Skylar Medina, Monte Nichols, Darius K. Nichols, Lamont F. Penn, Richard Reyes, Cecilia J. Smiskin, Alxix Sparks, Zayah Weed, Robert W.



Williams, Keevin S.

Aho, Ashley Andy-Butler, Tiana Bronson Johnson, Dontae Daniels, Jesse P. Daniels, Simone B. Fulgencio, Damon E. Garcia-Zamora, Joaquin Guanzon, Edward Gutierrez, Jose L. Ho, Alexis Jametski, Eric Jansen James, Jacob T. Kahama, Isiah Keeline, Leondra L. Lozier, Alexis Marquez, Francisco A. McMillan, Jordan W. Mendoza, Luis Pavel, Leilani Robinson, Norman Simmons, Sashene L. Swanson, Anthony Vaiese Moses, Albert C. Vasquez, Ruben





Honoring our Graduates Muckleshoot Monthly

To Sampson Sam...

Papa Kenny and I are proud of your accomplishments: Your choice to finish high school is one of the best choices so far. Thanks for honoring your parents and family by being a good role model to our tribe and community.











let your hard work has paid off. We are very happy that

to it. We are very PROND of you and you Mom and Dad



Enumclaw Native Grads

Front row, Mr. Parker, ESD Curriculum and Instruction; Sarah Brassard, Native American Specialist; Bryson Grant, Tyler Koenig, Addison Garton, Ryan Anderson, Bob Calvert, Cathy Calvert, Native American Education Coordinator; Joseph Martin, ATOM/Education, Muckleshoot Tribe. Back row: Will Cooper, Quinton Horton, Jonathon Sugihara, Katrina Hungary, Hannah Calvert, Stina Starr, Paul Gettsy.





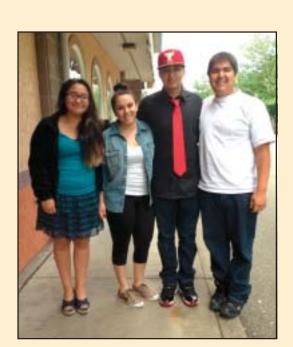
P.J. Gettsy



Susan Starr, Olivia Courville, Stina Starr and Cheyenne Miller



Thanking the Tribal Council for its support



Congratulations to our son Francisco, 8th grade graduate; daughter Virginia, honor roll all year 2012-13 school year; Gregorio, 10th grade credit completion; Melissa Morales, one of my god daughters, AA graduate. Great job!!! Proud of you all, love you!!!! Mom, Dad and Padrinos



Francisco Marquez, 8th grade graduation!!! Congratulations Son, great job! Proud of you, Love, Mom, Dad, Gregorio, Virginia and Cinco!!!

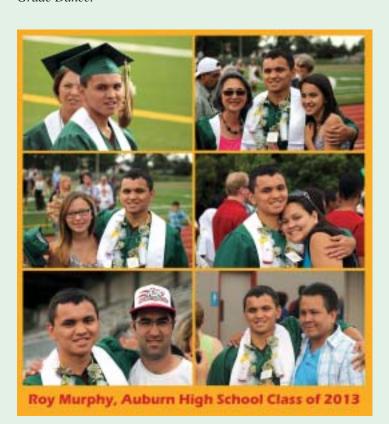


Here's my son, Francisco, giving flowers to Erika Gonzales, a very special counselor at MTS.

Future Freshmen!!



Nyria Moses and Leetah Jerry at Last Olympic Middle School 8th Grade Dance.

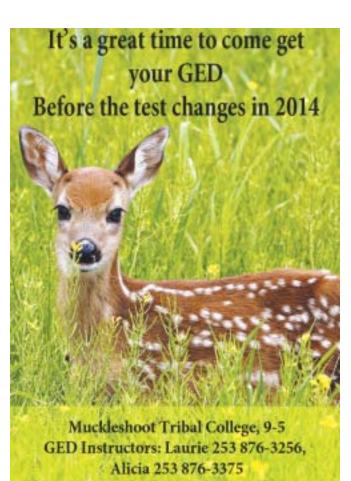


All-HS Grad Dinner. Here's a picture of Graduates that attended the June 21st Graduation Night. Shown in picture (no particular order): Heather Daniels, Carlee Eyle, Sampson Sam, Shane White Eagle, Elizabeth Ocampo, Jackson Lozier, Alexandrea Bachel, Sylvia Agaton, Danny White and Ladana Bourdeau

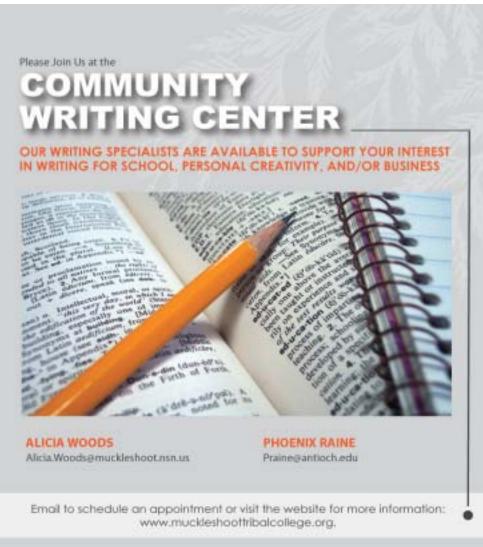


Lisa Elkins and her kids attending the Auburn School District 5th grade, 8th grade completion/12th grade graduation event at AHS Performing Arts Center. Arlissa, Arlin and Daria Thunder.

EDUCATION









G E D Exam Schedule for Muckleshoot Tribal College



You need to finish all 5 Tests before 2014 or Start all Over

Remember: Dates are <u>Subject to Change</u> <u>Please Call</u> College to Confirm Dates

July 24 & 31 / August 14, 21 & 28

Arrive 10 minutes early! You may choose only one test per time frame

9:00 Reading, or Social Studies, or Science

10:30 Reading, or Social Studies, or Science

12:30 Math OR Language Essay

2:45 Reading, or Social Studies, or Science

If you are planning on taking 4 tests in one day then do your **Essay at 12:30** & do your Math the next testing session

A passing score is a 410; however you need an average of 450 to earn the 2250 points needed for your GED

- Prior to taking your first test you must Pre-Register, please ask our GED staff to give you our GED Orientation & Pre-Register before testing day; do not wait until testing day. You must have all of your paperwork completed before entering the testing room. See what you need to bring below.
- ✓ On testing day you must bring/provide
 - 1) picture ID
 - 2) proof of passing a pre-test @ 450+3) proof of payment \$30 ea.
 - 4) Under the age of 19 must provide "waiver" form
- 5) first time testers must have a completed and signed "General Education Development testing" form AND the "State of WA Verification of Eligibility to take GED test" form, completely filled out before testing day.
- ✓ Please be waiting outside the GED examination door Rm. #207 at least 10 minutes before testing latecomers will not be allowed in the testing room, you will have to come back another time.
- ✓ Test Scores are available the following Monday at 1:00 pm, not before. Pick them up in person.

If you have any other questions or concerns please call Receptionist @ 253-876-3183 or Mitzi Judge @ 253-876-3395

For GED tutoring & pre-testing here at MTC contact GED Instructor(s)

Alicia at 253-876-3375 or Laurie at 253-876-3256 For Muckleshoot Tribal Member Scholarship call Marie Marquez 253-876-3382

You may look on line for more information at: www.muckleshoottribalcollege.com

We are located at 39811 Auburn Enumclaw Road SE, Auburn WA 98092

You may also take your GED test at Green River Community College: Monday, 9AM – 7PM, phone 253-833-9111 x 2652, 12401 SE 320th Auburn, WA 98002, www.greenriver.edu

Annual Cross Family June Birthday Party

Once again, the Cross Family held its annual birthday party at Game Farm Park to honor Virginia Cross and other family members with June birthdays. This year's surprise special guests were Auburn Mayor Pete Lewis and his wife, accompanied by City Council member and Mayoral candidate Nancy Backus.











HEALTH CARE REFORM IS COMING TO MUCKLESHOOT

(and to everyone else)

The Health Care Reform was signed into law by President Obama in 2010. Health Care Reform is a law that requires every U.S citizen to have health insurance. The Health and Wellness Center is preparing for this. The state is currently working out special details for Native Americans. All CHS clients will be required to come to the Health and Wellness Center to see if you are eligible to sign up and/or enroll in new Medicaid programs, as of October 1, 2013.

If you already have health insurance through your job or have Medicaid, Medicare or the State Child Health Insurance Program (SCHIP) you will not be eligible for the Health Insurance Exchange.

2013 FEDERAL POVERTY LEVELS (FPL) GUIDELINES

Eligibility for Medicaid, Medicaid Expansion, CHIP and federal subsidies of premiums for plans offered in Health Insurance Exchanges will be based on Modified Adjusted Gross Income (MAGI). MAGI is income reported on federal tax returns. Spouse and dependents claimed on federal tax returns are generally considered persons in family used to calculate percent of FPL.

Persons in Family 100% FPL S11,460		138% FPL (Medicald Expandent)	200% FPL (CHIP)	300% FPL (Zero Cost Sharing Variation)	400% PPL (Exchange Presidue Scholdy)		
		\$15,856	\$22,980	\$34,470	\$45,960		
2	15,519	21,404	21,404 31,020 46,530		62,040		
3	19,530	26,951	5951 39,060 58,590		78,120		
-4	23,550	32,499	47,100 70,650		94,200		
.5	27,570	3R,647	55,140 82,710		110,290		
- 6	31,590	45,594	63,190 94,770		126,360		
7	35,619	49,142	71,220	106,830	142,440		
8	39,630	54,689	79,260	118,890	158,520		
For each 4,020 additional person, add		5,548	8,040	12,060	16,080		

What Tribal Members Need to Know About HEALTH INSURANCE EXCHANGES

WHAT IS HEALTH INSURANCE?

Health insurance is a little like care insurance.
For car insurance, you pay a premium to the insurance occupany and they pay a portion of the costs if your car is wrecked. If you have health insurance, the insurance plan will pay for a portion of the costs of your visit to the doctor, emergency room and hospital stays, your medical tests, and your proscription drugs. Health insurance companies offer several types of plans that cover different health services.

HEALTH INSURANCE EXCHANGES AL-LOW PEOPLE TO PURCHASE HEALTH INSURANCE PLANS

A Health Insurance Exchange is a computer website were individuals can buy health insurance for themselves and their family, small businesses can buy health insurance for their employees, and Tribes can buy health insurance for their members. Starting January 1, 2014, there will be an Exchange in each state operated by state or federal government.

THE COST FOR HEALTH INSURANCE DEPENDS ON YOUR INCOME.

The premium is a insorthly amount that is paid to the insurance company. The federal government pays a portion of the premiums for low and middle income people who purchase insurance through Exchanges. Sometimes Tribes or other organizations will pay for the rest of the premium cost. Check with your Tribal clinic to see what they recommend.

AMERICAN INDIANS AND ALASKA NA-TIVES WHO ENROLL IN HEALTH INSUR-ANCE EXCHANGE PLANS DO NOT HAVE COST SHARING.

Cost sharing is the term used for both the deductible and co-pay. A deductible is the amount most consumers pay each year before the assurance company pays for health services. A copay is the amount most consumers pay at each visit. For American Indians and Alaska Natives with health insurance, there is mover any cost sharing when you get your services from your Tribal or LHS clinic. The rules for cost sharing for services provided outside Indian health clinies can be complicated, but your Tribal clinic will know how to help so that you never have to pay cost sharing.

HEALTH INSURANCE EXCHANGE HAS A WEBSITE.

- People at your Tribal or LH.S clinic can help you across the Exchange website.
- You will be asked a few questions and the information will be entered into the computer.
- The website will determine if you are eligible for Exchange pleas or other programs, such as Medicaid and State Child Health Insurance Pro-
- Information from your federal income tax will be need to determine whether you qualify for moreovers that

gram (SCHIP).

reduce or eliminate the cost of bealth insurance.

After you see what programs are available, you

After you see what programs are available, yo can decide whether you want to enroll. Enrollment can be done on the website.



SEE IF YOU ARE ELIGIBLE FOR THE NEW MEDICAID PROGRAM.

Muckleshoot Health & Wellness Center 17500 SE 392nd St, Auburn, WA 98092 Phone: (253) 939-6648



WASHINGTON MEDICAID REFORM

MEDICAID EXPANSION 2014

Will it reach the $20,000\,\mathrm{AI/AN}$ potentially eligible in 2014?

An estimated 10,000 uninsured will be newly eligible for Medicaid in 2014; perhaps 10,000 are currently eligible, but not enrolled in Medicaid. ACS reports 20,700 AI/AN under 138% of FPL (Federal Poverty Level) are uninsured.

Effective January 1, 2014, Medicaid will be expanded to include individuals between the ages of 19 up to 65 (parents, and adults without dependent children) with incomes up to 138% FPL based on modified adjusted gross income.

How Does the Affordable Care Act affect eligibility for Medicaid?

Creates a New Medicaid group – Newly eligible individuals age 19 up to 65 whom:

- Have income below 138% FPL
- Meet citizenship requirementsAre not incarcerated
- Are not entitled to Medicare

Changes to income and deductions for existing Medicaid groups:

- Children
- Pregnant Women
- Families (Parents/Caretaker Relatives)

Modified Adjusted Gross Income (MAGI) methodology used for income calculation is the IRS

- Countable income
- Income deductions

Additional methods for determining income and deductions

- Household composition mirrors federal income tax filing rules
- No asset/resource limits
- 12 month certification periods

Simplified application and renewal process for:

- Medicaid
- Children's Health Insurance Program (CHIP)
- Health Benefit Exchange

The following groups will not have any changes in eligibility for Medicaid:

- Aged, Blind or Disabled individuals
- Foster Care children
- SSI cash recipients

Health & Wellness Center Program Hours

		Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Wednesda	y 9-5 pm	9-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Saturday-			——10 am-2 pm	10-2 pm
Sunday	All l	Programs Closed	-	-

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
	/\	4.00.4.00
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health	(253) 804-8752	Open
(Mental Health & Chemical Dep)		
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for August-Sept 2013

<u>Day</u>	<u>Date</u>	Times Closed	Reason for Closure
Thursday	08/04/13	8-9 am	Monthly All Staff Meeting
Friday	08/30/13	All Day	Employee Appreciation Day
Monday	09/02/13	All Day	Labor Day

Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.





Advance Directives

From the desk of Ronette Bailey Medical Social Worker Muckleshoot Wellness Center

What is an Advance Directive?

This is a way for You to tell your family, friends, and Health Care Providers what kind of medical treatments you DO or DO NOT want if you become unable to speak for yourself in the event of a medical emergency. The Advance Directives generally include the following:

A Living Will (aka: Health Care Directive):

This is a written or printed document that clarifies whether you wish to withhold or withdraw "life sustaining procedures" if you are in a terminal or permanently unconscious medical state.

A Durable Power of Attorney:

This documentation allows you to choose someone to make medical decisions for you if you are not able to do so for yourself. It also allows you to specify what types of decisions your designated contact can make for you.

This type of advanced decision making and documentation can be an important resource in the event of a medical emergency and it can reduce the stress that is often felt by friends and family members at these critical times.

Are you interested in making an Advanced Directive?

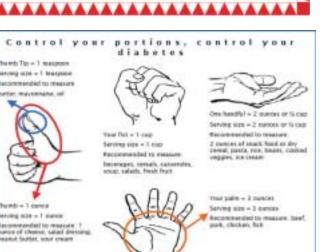


Contact: Ronette Bailey Medical Social Worker Health & Wellness Center PH #253-939-6648



Is Heroin Running Your Life? There is help.

Call 253-804-8752



MUCKLESHOOT SOBRIETY POW WOW

"NATIVES ON A WELLNESS PATH" JULY 26, 27 & 28, 2013

LOCATION

Muckleshoot Pow Wow Grounds Auburn, Washington

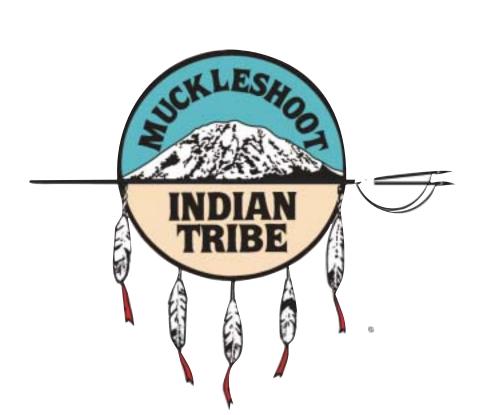
GRAND ENTRY

Fri, July 26th - 7:00 pm Sat, July 27th - 1:00 pm & 7:00 pm Sun, July 28th - 1:00 pm Daily Grand Entry Points Taken.

HEAD STAFF

Host Drum: Wild Rose MC: Randy Vendiola MC: Arnold Little Head

Arena Director: Sonny Eagle Speaker Whipman: Anthony Bluehorse



DANCE CATEGORIES											
Sr Gold Me (Age	<u>en</u>	13	olden Age Men ge 50-64)	Adult Men (Age 18-49) Traditional, Fancy, Grass, Round Bustle		Traditional, Jingle, Fancy		Teen Boys (Age 13-17) Traditional, Fancy, Grass Teen Girls Traditional, Jingle, Fancy		Jr. Boys (Age 6-12) Traditional, Fancy, Grass Jr. Girls Traditional, Jingle, Fancy	
<u>Sr Gold</u> <u>Wor</u> (Age	men	<u>v</u>	olden Age Vomen ge 50-64)								
1st \$	700.00	1st	\$700.00	1st	\$700.00	1st	\$700.00	1st	\$400.00	1st	\$300.00
2nd \$5	500.00	2nd	\$500.00	2nd	\$500.00	2nd	\$500.00	2nd	\$350.00	2nd	\$250.00
3rd \$4	400.00	3rd	\$400.00	3rd	\$400.00	3rd	\$400.00	3rd	\$300.00	3rd	\$200.00
4th \$3	300.00	4th	\$300.00	4th	\$300.00	4th	\$300.00	4th	\$250.00	4th	\$150.00

•Tiny Tots (5 & under) No contest. Must be dancing in Pow Wow Regalia.

•Committee Specials: Specials TBA

Vendor Information:

10x10 space \$125.00 10x20 space \$200.00

No charge for Informational Booths.

Attention All Contest Participants:

All Dancers and Singers are required to have a Social Security Numbers (SSN) or Social Insurance Number (SIN). U.S. Citizen and non U.S. Citizen Contest Winners must also fill out additional paperwork.

Committee of this event is not responsible for accidents, injuries, short funded travelers, stolen, lost articles or damage to personal property. No Pets will be allowed. Absolutely No Drugs or Alcohol Allowed.

Sponsored by the MIT Health Committee/Muckleshoot Indian Tribe General Information: Lisa Elkins 253-939-6648 or Mike Starr 253-329-4360

EVERYONE WELCOME

SPORTS PHYSICALS & IMMUNIZATIONS

Walk-ins will be accepted at the Health & Wellness Medical Clinic for school and sports physicals & immunizations.

When: **Tuesday** 8/27/2013 **Thursday** 8/29/2013

Monday 9/9/2013

2:30 pm - 5:00 pm Time:

Muckleshoot Health & Wellness Center -Where:

Medical Clinic

Bring your child's immunization record with you to the physical. Any missing immunizations can be given during the physical. Please keep in mind that a parent or guardian must accompany your child.

If you have any questions, feel free to contact the medical clinic at 253-939-6648.

NEED A "MEETING" TO HELP YOU!!?

Alcoholics Anonymous -AA & Narcotics Anonymous NA

Meetings on the Rez

Tuesday 12:00-1:00pm A.A. M.I.T. Recovery House 39225 180th Ave S.E. Auburn, WA

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

- 1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre –authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
- In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
- Prior notification does not guarantee CHS cay pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.



What are the signs of depression?

- Sleep disturbances-incomria, oversleeping, waking much earlier than usual
- Changes in appetite or enting much more or much loss

 Decreased energy, fulgue
 Handaches, sterrach oches, digastive problems, or other physical symptoms that are
- it explained by other physical conditions or do not respond to trea
- Behavioral/Attitude Loss of interest or phonone in activities that were once enjoyed, such as going out with
- friends, holdries, sports, etc.
 Difficulty concounting, remembering, or making decisions
 Neglecting responsibilities or presental appearance
- Persistent and or "empty" mood, lasting two or more w
- Crying "for no reason"
 Feeling hopeless, helpless, guilty, or worthless
- Feeling irritable, agitated, or an Thoughts of death or saicide

What can you do to help a depressed friend?

- Acknowledge that you are neeing signs of depression in a friend and that it is serious Care. Let your friend know that you care about him or her and that you are pencerned Tall someone you trust and call for help

Who can you call to get professional help?

- I someone you care about it in an emotional crisis or acknowledges suicidal thoughts
- Call the Crisis Line at (206) 461-3222 or soll-free 1-800-427-4747 Connet the Mack lemon Bultur ional Health Program at (253) 804-8752
 Call the National Statistic Prevention Lifeline to get help at 1-800-273-825

"Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and pri-

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

Muckleshoot Optical Department



The Muckleshoot Optical cares about your eye health and would like to contribute to your quality of life by helping you see better.

Dr. Steven Park and Dr. Stephanie Ho specialize in comprehensive chronic and acute conditions of the eyes. Combined with the latest and advanced technology, we can provide the most comprehensive quality eye care available. Our licensed Optician is committed to perfectly fitting eyewear which allows for the best vision and comfort while looking Fabulous! We have teamed up with the most prestigious optical companies in the Northwest that provides custom tailored lenses for each individual. Latest Designer frames and lenses (transitions, non glare) are at below market prices which no other optical shops or high end boutiques can match!

Now offering Luxury Fashionable and functional

100% UVA and UVB protective sun wear.

For more information contact the Optical Department M,T,TH,F 8-5 W 9-5 closed daily 12-1

Bebe Juicy Couture Marchon Gucci Nike Morel Chesterfield XL

Salvatorre Ferragamo Juicy Couture

Caviar bebe

Notice to All CHS

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS

Eligible Patients

office for review. This will ensure timely payment to your provider. As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours: Monday – Friday, 8am – 5pm **Closed for Lunch 12pm – 1pm** Phone: 253-939-6648

What is heroin?

Heroin is an illegal, highly addictive drug. It is both the most abused and the most rapidly acting of the opiates. Heroin is a naturally occurring substance extracted from the seed pod of certain varieties of poppy plants. It is typically sold as a white or brownish powder or as the black sticky substance known on the streets as "black tar heroin." Although purer heroin is becoming more common, most street heroin is "cut" with other drugs or with substances such as sugar, starch, powdered milk, or quinine. Street heroin also can be cut with strychnine or other poisons. Because heroin abusers do not know the actual strength of the drug or its true contents, they are at risk of overdose or death. Heroin also poses special problems because of the transmission of HIV and other diseases that can occur from sharing needles or



How to tell if someone is using

Nodding out when talking to someone Throwing up Nausea

Itching and scratching Weight loss Runny Nose

Droopy look to a person Mood swings Slowed speech

Burnt gum wrappers, foil Burnt or missing spoons Pipes, rolling papers, etc Irritability Diminished self-esteem

Evidence of Heroin Use

Change in interests

Depression



How do you find help? Muckleshoot Behavioral Health Department Phone (253) 804-8752

Walk-in assessment times: Tuesday 10am, 1pm, and 3pm Wednesday 10am, and 1pm

P17

NEWS FROM THE MUCKLESHOOT ELDERS CENTER

Happy Birthday to...

Wendy Burdette - 7/1 Martin WhiteEagle - 7/4 Janice Maurice - 7/5 Lily Jansen - 7/6 Wilma Cabanas - 7/8 Loretta Williams - 7/9 Carrie Rincon - 7/9 Ronette Brown - 7/10 Nelson Eyle - 7/12 Rosette Andy - 7/13 Barbara Courville - 7/15 Virginia Moses - 7/16 Jon Spencer - 7/16 Lisa James - 7/17

Patrick Daniels Sr. - 7/17 Merle Barr Sr. - 7/18 Dutchy Starr - 7/19 Doug Moses - 7/19 Teri Starr - 7/21 Julius Jake - 7/25 Pearl Suchan - 7/26 James Cross Sr. - 7/26 Rita Martin - 7/27 Laurie Starr- Williams - 7/29 Lynn Davis - 7/30 Miralee Lopez - 7/30 Phyllis Bowden - 7/30 Joyce Starr - 7/30



Muckleshoot & Puyallup Pool Players



Pool Tournament Winner, Byron Barnes

Pool Tournament

On June 14th, 2013 the Elders Complex hosted a pool tournament. The tournament was Muckleshoot Elders VS Puyallup Elders. There were eight players competing for the first place prize a \$20 Wal-Mart gift card and 2 bingo passes, second place received a \$20 Wal-Mart gift card, and 6 consolations received \$10 Wal-Mart gift cards. Our winners for first and second place were:

1. Byron Barnes 2. Andy John

Congratulations to our winners this month. We'd like to thank you all that participated Tom Bean, Sandra Davis, Leroy Anderson, Rodney Courville, Tommy McJoe, & Elwood Irving. We look forward to seeing you all in future tournaments

Our next pool tournaments will be held July 12th @ the Elders Complex and July 31st @ Puyallup.

If you need transportation please contact: Tiffany Escalon 253-876-2888

Fundraiser for Norma Rodriguez

On June 14th, 2013 the Elders Complex held an Indian taco fundraiser for Norma Rodriguez's memorial. There were about 80 people that came in for the fundraiser. We'd like to thank all of you that contributed to the fundraiser by donating items, buying Indian tacos, or buying raffle tickets. We'd like to give special thanks to:

- * Hazel Black
- * Roland Black
- * Hoppy Jerry
- * Tommy McJoe
- * Pearl Suchan
- * Margie Goudy-Williams and family

Thanks for donating items to the fundraiser. We appreciate all your help. We were able to raise \$984.00 to give to Norma's family. The memorial will be held August 31st at the Elders Complex.

Mariners Ticket Drawings

Mariners tickets are still available and 2013 game schedule is:

July 12-14 Mariners VS Angels July 26-28 Mariners VS Twins August 9-11 Mariners VS Brewers August 23-25 Mariners VS Angels Mariners VS Rays September 6-8 Mariners VS Athletics September 27-29

Please make sure and sign up if you'd like to go to the ball game! We hold the ticket drawings the Wednesday prior

Tips for Preventing Heatstroke

Heatstroke is predictable and preventable. Take these steps to prevent heatstroke during hot weather.



Norma Rodriguez

* Lorraine Cross

* Virginia Cross

* Marcie Elkins

* Gilbert Kinggeorge

1. Wear loose fitting, lightweight

Wearing excess clothing or clothing that fits tightly won't allow your body to cool properly.

2. Wear light-colored clothing if you're in the sun Dark clothing absorbs heat. Light-colored clothing can help keep you cool by reflecting the sun's rays.

3. Drink plenty of fluids

Staying hydrated will help your body sweat and maintain a normal body temperature.

4. Take extra precautions with certain medications Be on the lookout for heat-related problems if you take medications that can affect your body's ability to stay hydrated and dissipate heat

5. Never leave anyone in a parked car

This is a common cause of heat-related deaths. When parked in the sun, the temperature in your car can rise 20 degrees in just 10 minutes. Its not safe to leave a person inside a parked car in hot weather for any period of time, even if the windows are cracked or the car is in the shade.

Take it easy during the hottest parts of the day If you can't avoid strenuous activity in hot weather, follow the same precautions and rest frequently in a cool spot. Try to schedule exercise or physical labor for the cooler parts of the

day, such as early morning or evening. Taking breaks and replenishing your fluids during that time will help your body regulate your temperature.

7. Get acclimatized

Limit the amount you spend working or exercising in the heat until you're conditioned to it. People who are not used to hot weather are especially susceptible to heat-related illness, including heatstroke. It can take several weeks for your body to adjust to hot weather.

8. Be cautious if you're at increased risk

If you take medications or have a physical condition that increases your risk of heat-related problems, avoid the heat and act quickly if you notice symptoms of overheating. If you participate in a strenuous sporting event or activity in hot weather, make sure there are medical services at the event in case a heat emergency arises.

Lemony Bugs-Away Spray Recipe

This light textured repellent leaves your felling fresh and clean and scented with a lingering. Lemony aroma enjoyed by all.

Recommended for: All skin types except very sensitive skin.

Use: As needed

Prep Time: About 5-10 minutes

Blending Tools: Shake bottle before each use

Store In: plastic or glass spritzer bottle **Yield:** Approximately 2 cups

Ingredients:

- · 2 cups witch hazel
- · 1 teaspoon vegetable glycerin
- · 20 drops citronella essential oil
- · 20 drops lemongrass essential oil



Combine all ingredients in a 16 oz. glass or plastic spray bottle or two 8 oz. spray bottles. Shake the mixture vigorously to blend. The essential oils will tend to separate out and sit on top (like oil in salad dressing), but this does not affect the product. No refrigeration is required, but for maximum potency and freshness, store this blend away from light and heat. Use within 1 year.





Elders Center hosts noted food justice activists

and wish you best of luck.

For the past two years, tribal member Valerie Segrest has worked with some of the country's most outspoken food justice activists. Some are awardwinning authors, some documentarians, and others are dynamic speakers committed to shedding light on the imbalance of our current food system and its negative health effects on underserved populations.

On June 27, more than 30 of these individuals visited the Muckleshoot Indian Reservation to have a firsthand look at what the tribe has been doing to address food access and sovereignty issues. They were very gratified by what they found and everyone involved had a wonderful time.

























Head Start Wants Your Child!

2013-2014 enrollment open now!

Muckleshoot Head Start offers:

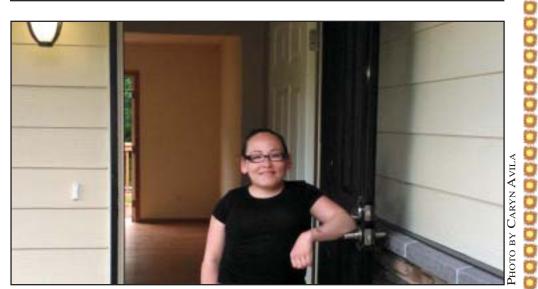
- Free full and half day educational pro-
- Free breakfast, lunch and snack
- Free transportation
- Special services

To apply, bring in the following documents:

- Child birth certificate
- Child social security
- Child/parent Tribal enrollment verification

- Current physical
- Current dental exam
- Income verification
- Guardianship papers if applicable

I would love to answer your questions and get you started on the application TODAY! For additional information, call Leonie Rodarte at 253-876-2997, email leonie.rodarte@muckleshoot.nsn.us.



Congratulations Robyn on your new home!

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MIT Community Garden



Healthy Food for Strong Bodies!

Attention: All Muckleshoot Tribal Members

HURRY IN TODAY and sign up for your very own Garden Plot! Just stop by the Planning Department located in the Philip Starr Building to reserve your plot or for more information call

Carl Abbott at 253-876-3150

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Muckleshoot tribal court of justice

In and for the Muckleshoot Indian Reservation Auburn, WA 98092

IN RE THE WELFARE OF: Case No.: MUC-J-04/13-045

DOB: 03/20/2013 NOTICE OF FACT

FINDING HEARING - as to Mother

An Indian Youth

EDITH PRICE, Mother TO: DEBBIE GUERRERO, MCFS Case Manager ANNIE HARLAN, Tribal Prosecutor

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the 10th day of SEPTEMBER, 2013, AT 3:00 PM. in the Muckleshoot Tribal Court of Justice located at 39015 172nd Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to determine whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home placement of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether filings were timely and appropriate.

You may pick up a copy of MCFS Case Manager's Court Report from the court clerk's office three working days prior to the hearing. Pursuant to Section 12.A.03.070; Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the Youth Codes.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at the hearing at your own expense-meaning that they will be solely responsible for any fees charged by the person.

If a party fails to appear the Court may, in his or her absence, take legal custody of the child, make the child a ward of the Court, and take any other action that is authorized by law.

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203.

Dated July 1, 2013 /s/Bobbie Jo Norton BOBBIE JO NORTON MIT-Clerk Of The Court

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

IN RE THE WELFARE OF: Case No.: MUC-J-05/13-063

D.A.J.

DOB: 12/03/2000 NOTICE OF CONTINUEDPRELIMINARY

INQUIRY

AN INDIAN CHILD HEARING - as to Mother JULY 23, 2013 AT 2:30 PM

TO: MICHELLE McCLOUD (aka MICHELLE ORNELAS),

ETENE TAIMALELAGI, MCFS Case Manager ANNIE HARLAN, Tribal Prosecutor

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filed in the Muckleshoot Court of Justice and a PRELIMINARY INQUIRY HEARING will be held on TUESDAY, the 23rd day of JULY, 2013, beginning at 2:30 PM, in the above-titled court, located at the Muckleshoot Legal Building, 39015 172nd Avenue SE, Auburn, Washington 98092, to determine;

- 1.) The tribal status of the youth;
- 2.) Whether probable cause exists to believe that the youth(s) is/are YOUTH IN NEED OF CARE, and tribal court supervision.
- 3.) Whether out of home placement of the youth(s)is necessary and
- 4.) Any other action necessary for the youth(s) best interest pending further proceedings.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-2891.

Dated June 10, 2013.

/s/Bobbie Jo Norton BOBBIE JO NORTON COURT CLERK

Keta Creek Trout Derbies

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The fishing derbies at Keta Creek hatchery are family oriented events for Tribal Members and their families. We serve breakfast, lunch, snacks and plenty of fun and games for all. Bait, tackle, ice, and fish bags are provided. Fish cleaning facilities are available.

August 10 — Family Derby

Sept. 28 — Fall Classic

Fishing prizes, Door Prizes, Contest prizes, Pee Wee's Pond, Etc.

Hours for all events 8:30 - 2pm

Call Gail Larsen with questions at (253) 876-3178

Youth Development

17608 400th Street, Auburn, Washington 98092

Jaison Elkins, Program Manager Phone: (253) 876-2821 Front Desk (253) 876-2853

Stop in today to check out our program, servicing youth ages 7-18. We offer a variety of activities, leadership & life skills training, youth council, counseling services, and more. We also provide transportation, as well as meals to youth participants. Please call or stop by for details on how to get your youth involved

Hours of Operation:

Sunday: Closed

Monday: 12-8:30PM (Youth Workers Only)

Tuesday: 11AM-10PM Wednesday: 11AM-10PM Thursday: 11AM-10PM Friday: 12PM-12AM Saturday: 12PM-12AM

Pick up is offered daily between 4-5PM Drop off for all youth ages 7-11 is from 7-9PM Drop off for all youth ages 12+ is from 9-10PM



Muckleshoot Indian Tribe PRIDE TRAINING AT:





Muckleshoot Indian Tribe Phillip Starr Building 39015 172nd Ave. S.E. Auburn, WA 98092

Where: Cougar Room "Snacks will be provided"





New foster parents, Guardianships of Depended Children & Kinship Families are welcome to attend



PRIDE Classes:

Mon., Aug. 19th 9:30 am-4:30 pm Wed., Aug. 21th 9:30 am-4:30 pm Thurs., Aug. 22th 9:30 am-4:30 pm Fri., Aug. 23rd 9:30 am-4:30 pm

To register for classes contact:

Yolonda Marzest at **YMarzest@uw.edu** or for questions call (206) 923-4955 or Susan Starr @ 876-3397 E-Mail Registrations are preferred

Muckleshoot Adventures Summer Camp



August 18-21 Ages 7-12 August 22-25 Ages 13-17

Activities to Include: Wall Climbing, Swimming, Laser Tag, Crafts, Classes, Mini Golf, Archery, horseback riding. Please note we will be attending a new camp this year

MUST SIGN UP BY August 2, 2013 THIS IS AN ALCOHOL, DRUG, &

that has an indoor pool.

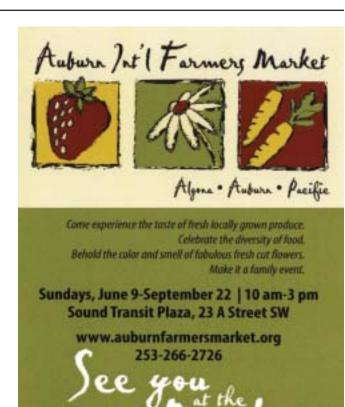
ELECTRONIC FREE EVENT!

CALL STEPHANIE FLESHER AT 253-876-3357

This is a Muckleshoot Human Services Event







Need Help Drafting Your Will?

Have you had your Will drafted yet, or do you need to change your current Will? You need a Will if:

- You are over 18
- You have or may acquire trust land, non-trust land, or personal property
- You have children or step-children under age 18
- You want to leave property to someone who is not in your immediate, blood family
- You want to leave income from an interest to a non-Indian
- spouseYou want to stop further fractionation of your land

If you die without a valid will, the American Indian Probate Reform Act will determine who will receive your trust land, but with a Will you have many more options in deciding who will receive your property.

My name is Tim Wagar, and I am the Indian Wills Intern for the summer here at Muckleshoot. I am available to meet with you and draft your Will, Durable Power of Attorney, or Health Care Directive (Living Will). Please feel free to contact me anytime. My office hours are Monday through Thursday from 8:00 a.m. to 4:30 p.m. and my office is in the Planning division of the Philip Starr Building, office # 296. You can also reach me by phone at 253 – 876 – 3124, or I can be reached by email at indian.wills@muckleshoot.nsn.us. I look forward to hearing from you soon.





Norma "Wassie" Eyle's Birthday Party!

PHOTOS BY JOHN LOFTUS







































MUCKLESHOOT EMERGENCY PREPAREDNESS

Summer Pet Care

By Ada McDaniel

When the lazy days of barbecues and swimming pools roll around, you can make them even better by sharing them with your favorite pet. By following a few summer pet safety tips, you can keep your animal friends healthy and enjoy the months of sun and fun.

- Never leave your pet in the car. Though it may seem cool outside, the sun can raise the temperature inside your car to 120 degrees Fahrenheit in a matter of minutes, even with the windows rolled down. If you need to run some errands, leave the furry ones at home.
- As you're outside enjoying the warm weather, keep your pet leashed. It will keep her from getting lost, fighting other animals, and eating and drinking things that could make her sick. This tip isn't just for dogs—even cats can learn to walk on a leash if you train there.
- Water, water everywhere. Whether you're indoors or out, both you and your pet need access to lots of fresh water during the summer, so check her water bowl several times a day to be sure it's full. If you and your furry friend venture forth for the afternoon, bring plenty of water for both of you.
- Pets need sunscreen too. Though all that fur helps protect her, your pet can get sunburned, particularly if she has light skin and hair. Sunburn in animals can cause problems similar to those it can cause in people, including pain, peeling, and skin cancer. So keep your pet out of the sun between 10 a.m. and 4 p.m., and when you do go out, rub a bit of sun block on unprotected areas like the tips of her ears, the skin around her lips, and the tip of her nose.
- Say no to tangles. Keeping your pet well groomed will help her hair do what it was designed to do: protect her from the sun and insulate her from the heat. If she has extremely thick hair or a lot of mats and tangles, her fur may trap too much heat, so you may want to clip her.
- Watch out for antifreeze. Hot weather may tempt your pet to drink from puddles in the street, which can contain antifreeze and other chemicals. Antifreeze has a sweet taste that animals like, but it's extremely toxic. When you're walking your pet, make sure she doesn't sneak a drink from the street.
- **Be cautious on humid days.** Humidity interferes with animals' ability to rid themselves of excess body heat. When we overheat we sweat, and when the sweat dries it takes excess heat with it. Our four-legged friends only perspire around their paws, which is not enough to cool the body. To rid themselves of excess heat, animals pant. Air moves through the nasal passages, which picks up excess heat from the body. As it is expelled through the mouth, the extra heat leaves along with it. Although this is a very efficient way to control body heat, it is severely limited in areas of high humidity or when the animal is in close quarters.
- Make sure your pet doesn't overexert herself. Though exercise is an important part of keeping your dog or cat at a healthy weight, which helps her body stay cool, overdoing it can cause her to overheat. Keep the walks to a gentle pace and make sure she has plenty of water. If she's panting a lot or seems exhausted, it's time to stop.
- Take it easy on pets that can't deal with the heat. Elderly, very young, and ill animals have a hard time regulating their body temperature, so make sure they stay cool and out of the sun on steamy summer days. Dogs with snub noses, such as Pekingese, pugs, and bulldogs, have a hard time staying cool because they can't pant efficiently, so they also need to stay out of the heat. Overweight dogs are also more prone to overheating, because their extra layers of fat act as insulation, which traps heat in their bodies and restricts their breathing capabilities.
- Bring them inside. Animals shouldn't be left outside unsupervised on long, hot days, even in the shade. Shade can move throughout the afternoon, and pets can become ill quickly if they overheat, so keep them inside as much as possible. If you must leave your pet in the backyard, keep a close eye on her and bring her in when you can.
- **Keep an eye out for heatstroke.** Heatstroke is a medical emergency. If you suspect your pet has heatstroke (see "Heatstroke," below), you must act quickly and calmly. Have someone call a veterinarian immediately. In the meantime, lower the animal's body temperature by applying towels soaked in cool water to the hairless areas of the body. Often the pet will respond after only a few minutes of cooling, only to falter again with his temperature soaring back up or falling to well below what is normal. With this in mind, remember that it is imperative to get the animal to a veterinarian immediately. Once your pet is in the veterinarian's care, treatment may include further cooling techniques, intravenous fluid therapy to counter shock, or medication to prevent or reverse brain damage.

Even with emergency treatment, heatstroke can be fatal. The best cure is prevention, and Fido and Fluffy are relying on you to keep them out of harm's way. Summer does not have to be fraught with peril—with ample precaution; both you and your furry friends can enjoy those long, hot dog-days of summer.

Signs of Heatstroke:

- Panting
- Staring Anxious expression
- Refusal to obey commands
- Warm, dry skin
- High fever
- Rapid heartbeatVomiting
- VomitingCollapse
- Collapse

PET FIRST AID

When your pet has an emergency, being prepared is very important. Before an emergency strikes, be sure you know how your veterinarian handles emergencies or where you should go if you have one. For example, some veterinarians always have someone on call, while others use special emergency hospitals for things that arise after hours. AAHA-accredited hospitals are required to provide 24-hour-a-day emergency care in one way or another. You can also stay prepared for emergencies by putting together a pet first-aid kit.



We cannot stress enough that you SHOULD NOT get on-line during a pet emergency or when your pet is seriously ill. In an emergency, first aid is not a substitute for veterinary treatment. However, before you are able to get your pet to a veterinarian, knowing some basic first aid can help. Always seek veterinary care following first-aid attempts.

Bite Wounds – Approach the pet carefully to avoid getting bitten. Muzzle the animal. Check the wound for contamination or debris. If significant debris is present, then clean the wound with large amounts of saline or balanced electrolyte solution. If these are not available, then regular water may be used. Wrap large open wounds to keep them clean. Apply pressure to profusely bleeding wounds. Do not use a tourniquet. Wear gloves when possible. Bite wounds often become infected and need professional care. Call your veterinarian.

Bleeding – Apply firm, direct pressure over the bleeding area until the bleeding stops. Hold the pressure for at least 10 straight minutes (continually releasing the pressure to check the wound will hamper the clotting). Avoid bandages that cut off circulation. Call your veterinarian immediately.

Breathing Stops – Check to see if the animal is choking on a foreign object. If an animal is not breathing, place it on a firm surface with its left side up. Check for a heartbeat by listening at the area where the elbow touches the chest. If you hear a heartbeat but not breathing, close the animal's mouth and breathe directly into its nose—not the mouth—until the chest expands. Repeat 12 to 15 times per minute. If there is no pulse, apply heart massage at the same time. The heart is located in the lower half of the chest, behind the elbow of the front left leg. Place one hand below the heart to support the chest. Place other hand over the heart and compress gently. To massage the hearts of cats and other tiny pets, compress the chest with the thumb and forefingers of one hand. Apply heart massage 80-120 times per minute for larger animals and 100-150 per minute for smaller ones. Alternate heart massage with breathing.

Please note: Even in the hands of well-trained veterinary health professionals, the success of resuscitation is very low overall. Success may be slightly higher in the cases of drowning or electrical shock. Call your veterinarian immediately.

Burns – (Chemical, electrical, or heat including from a heating pad) Symptoms: singed hair, blistering, swelling, redness of skin. Flush the burn immediately with large amounts of cool, running water. Apply an ice pack for 15-20 minutes. Do not place an ice pack directly on the skin. Wrap the pack in a light towel or other cover. If the animal has large quantities of dry chemicals on its skin, brush them off. Water may activate some dry chemicals. Call your veterinarian immediately.

Choking – Symptoms include difficulty breathing, excessive pawing at the mouth, blue lips and tongue. Be sure to protect yourself as well as the animal, as the pet will likely be frantic and may be more likely to bite. If the pet can still partially breathe, it's best to keep the animal calm and get to a veterinarian as quickly as possible. Look into the mouth to see if foreign object in throat is visible. If you can, clear the airway by removing the object with pliers or tweezers, being careful not to push it farther down the throat. If it is lodged too deep or if the pet collapses, then place your hands on both sides of the animal's rib cage and apply firm, quick pressure. Or place the animal on its side and strike the side of the rib cage firmly with the palm of your hand three or four times. Repeat this procedure until the object is dislodged or you arrive at the veterinarian's office. Call your veterinarian immediately.

Diarrhea – Withhold food for 12-24 hours, but not water. Sometimes pets that appear to be straining are sore from diarrhea rather than from constipation. Your veterinarian can help you decide which it is and what will help. Trying at-home treatments without knowing the real cause can just make things worse. Call your veterinarian.

Fractures – Symptoms include pain, inability to use a limb, or limb at odd angle. Muzzle the pet and look for bleeding. If you can control bleeding without causing more injury, then do so. Watch for signs of shock. DO NOT TRY TO SET THE FRACTURE by pulling or tugging on the limb. Transport the pet to the veterinarian immediately, supporting the injured part as best you can.

Heatstroke – Symptoms include rapid or labored breathing, vomiting, high body temperature, and collapse. Place the animal in a tub of cool water. Or, gently soak the animal with a garden hose or wrap it in a cool, wet towel. Do not overcool the animal. Stop cooling when rectal temperature reaches 103 degrees Fahrenheit. Call veterinarian immediately.

Poisoning – Symptoms include vomiting, convulsions, diarrhea, salivation, weakness, depression, pain. Record what the pet ingested and how much. Immediately call your veterinarian or poison control center. Do not induce vomiting. In case of toxins or chemicals on the skin from oils, paints, insecticides and other contact irritants, request directions on if and how to wash the toxin off.

Seizures – Symptoms include salivation, loss of control of urine or stool, violent muscle twitching, loss of consciousness. Move the pet away from any objects that could be harmful during the seizure. Use a blanket for padding and protection. Do not put yourself at risk by restraining the pet during the seizure. Time the seizure. They usually last only 2 to 3 minutes. Afterwards, keep the animal calm and quiet. Call your veterinarian immediately.

Shock – Symptoms include irregular breathing, dilated pupils. Shock may occur as a result of a serious injury or fright. Keep the animal gently restrained, quiet, and warm, with the lower body elevated. Call your veterinarian immediately.

Vomiting – Withhold food for 12-24 hours. Give the pet ice cubes for two hours after vomiting stops, and then slowly increase the amount of water and foods given over a 24-hour period. Call your veterinarian.

If you need to muzzle your pet use a strip of soft cloth, rope, necktie, or nylon stocking. Wrap around the nose, under the chin and tie behind the ears. Care must be taken when handling weak or injured pets. Even normally docile pets will bite when in pain. Allow the pet to pant after handling by loosening or removing the muzzle. Do not use a muzzle in a case of vomiting. Cats and small pets may be difficult to muzzle. A towel placed around the head will help control small pets.

If your pet can't walk a door, board, blanket, or floor mat can be used as a stretcher to transport injured or weak animals. If your pet's emergency is not covered here, please call your veterinarian immediately.

As always, stay safe, stay cool, stay hydrated (drink plenty of water)

MUCKLESHOOT EMERGENCY PREPAREDNESS / 253-876-3247







MUCKLESHOOT POLICE

MUCKLESHOOT MONTHLY



Muckleshoot Police June Recap

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

06/01/13 12:36 AM 13-121856 17300 block SE 387 PL SuicideAttempt

An adult male attempted suicide by taking pills but later threw them up when he decided that suicide wasn't the answer. The male was checked by an aid crew at the scene. A deputy sent the male to the hospital for a mental health evaluation via a private ambulance.

06/01/13 5:30 AM 13-121954 17800 block SE 413 PL Vandalism

An adult female had two front house windows broken and a metal screen door kicked in by three native females.

06/01/13 3:15 PM 13-122260 41400 block Auburn-**Enumclaw RD SE Theft**

An elder male had his Troy-Bilt push mower stolen from his

06/01/13 5:10 PM 13-122361 Muckleshoot Library Van-

When an adult male came out of the library he found the front passenger window shattered on his car.

06/03/13 6:02 PM 13-123978 37100 block Auburn-**Enumclaw Rd Sex Offender Release**

A registered sex offender has been released from their requirement to register as they have fulfilled the time requirement to register.

06/03/13 9:20 PM 13-124155 Poplar St/Auburn Way S **Warrant Arrest**

Peter Daniels (33) was arrested on his King County misdemeanor warrant for "Driving While License Suspended in the First Degree" with a \$5,000 bail. Daniels was booked into the King County Jail.

06/04/13 8:47 AM 13-124415 39300 block Auburn **Enumclaw Rd Fraud**

A local business reported the fraudulent use of the company's checking account in the amount of \$3,200.

06/04/13 11:00 AM 13-124549 5700 block Auburn Way S

A traffic stop was initiated and a foot pursuit ensued on John Brown (23). Brown has a DV-Assault 4 warrant that carries a \$10,000 bail, and another warrant for obstruction that carries a \$5,000 bail. A K9 track was attempted with negative results.

06/04/13 11:22 PM 13-125114 4900 block Auburn Way S **Controlled Substance Violation**

An adult male and an adult female were contacted in a vehicle and while the deputy was sorting out whether or not the car was stolen, detained them. Once out of the vehicle the deputy discovered 2 syringes and an empty baggie that had remnants of a white powdery substance. The vehicle was not stolen and they were sent on their way. The syringes were disposed of.

06/04/13 11:20 PM 13-125145 36400 block 148 AV SE

An adult male was found lying in a ditch. The male was extremely intoxicated and aggressive. He was determined to be a danger to himself due to his intoxication level. The male was transported to the hospital for detox.

06/04/13 11:30 PM 13-125169 36400 block 148 AV SE **Drunkenness**

Involved in the above incident, an adult female who was also extremely intoxicated, interfered with the aid treatment of the male subject. The female had to be physically restrained as she was spitting at deputies. She was also sent to the hospital for detox.

06/05/13 4:00 PM 13-125739 3700 block Auburn Way S DUI

Robert Simmons (63) was arrested for DUI. Simmons was turned over to a Washington State Trooper for the AUI investigation.

06/05/13 6:38 PM 13-125880 4900 block Auburn Way S Warrant/Drug Arrest

Lonnie Moses (36) was arrested on a Department of Corrects (DOC) no bail misdemeanor warrant for "Escape from Community Custody." In a search of Moses incident to arrest methamphetamine (Meth) was found in his pocket. Moses was booked into the Enumclaw Jail on the warrant. Charges are pending for the methamphetamine possession.

06/06/13 2:53 PM 13-126606 3600 block Auburn Way S **Warrant Arrest**

Andrew Penn (36) was arrested by his DOC officer on a felony no bail DOC warrant for "Escape from Community Custody." A glass meth pipe was found in his pants pocket incident to arrest, the pipe was confiscated for disposal.

06/07/13 2:47 PM 13-127523 Cedar Village Vandalism

The adult female resident let the father of two of her children stay at the house for two nights. After the male and female got into a verbal argument the male stepped outside, the female locked the door. The male kicked the door to get back inside, splitting the door frame. The female waited 35 minutes to call 911. The male was gone when deputies arrived.

06/07/13 5:40 PM 13-127700 Skopabsh Village Drunken-

A driver of the tribal bus contacted a deputy for assistance in getting an extremely intoxicated and passed out adult male off a bus. The male was unresponsive at first to deputies but came around. The male was driven to a different location by a deputy.

06/08/13 2:30 AM 13-128093 37200 block Auburn-**Enumclaw RD SE Driving While License Suspended**

Jose Rodriguez (26) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

06/08/13 1:04 PM 13-128344 Muckleshoot Indian Reservation Child Molestation

A juvenile reported the unwanted touching to a private area by an adult. Details are being kept confidential due to the nature of the case and an ongoing investigation.

06/09/13 4:00 PM 13-129211 16000 block SE 386 WY Burglary

An adult female reported that the home she is currently moving out of was burglarized by someone forcing entry to a window. She reported finding empty liquor bottles, the house smelling like marijuana and some damage to a wall.

06/10/13 2:53 AM 13-129627 38900 block 172 AV SE Family Disturbance

An intoxicated adult male reported that he wanted someone removed from his residence. Both subjects claimed there was a physical confrontation, but no one would provide enough information to determine if a crime was committed. They agreed to stay separated for the rest of the night.

06/11/13 9:46 PM 13-131154 15800 block SE 382 PL Liquor Violation

A juvenile male was cited for Minor in Possession after he was reported to be intoxicated and injured after jumping out of a window. He was combative and had to be restrained. He was sent to the hospital for detox and for treatment of a deep laceration to his back.

06/12/13 6:41 PM 13-131902 17500 SE 392 St Theft An adult male reported his keys stolen from the Health and Wellness Center. He called later to say he located his missing

06/12/13 11:25 PM 13-132145 15700 block SE 381 PL Liquor Violations

A 17 year old juvenile male, 4-15 year old juvenile females, a 16 year old juvenile female, and a 14 year old juvenile female were all arrested via citation for Minor in Possession of Alcohol after deputies responded to a report of intoxicated running around the area. The 14 year old female had a juvenile warrant out for her arrest for violating the terms of a Youth at Risk petition and the 16 year old female had a warrant for VUCSA. Those two were transported to the youth center. The rest were released to parents.

06/13/13 4:58 PM 13-132752 36800 block Auburn-Enumclaw RD Driving While License Suspended Matthew Diddy (31) was arrested/cited for Driving While License Suspended in the Third Degree after being stopped for having expired license tabs.

06/14/13 5:57 PM 13-133338 17000 SE 392 ST Theft A tribal employee reported the theft of multiple gift cards, movie passes and an un-paid cash advance from a Tribal program. The case is being followed up by detectives. A suspect has been identified.

06/14/13 4:33 PM 13-133575 39000 block Auburn **Enumclaw RD SE Driving While License Suspended**

Jonnie Moses (32) was arrested/cited for Driving While I cense Suspended in the Third Degree and failing to have an ignition interlock device.

06/15/13 4:30 PM 13-134443 White River Amphitheater **Theft**

An adult female reported the theft of \$60 from her person while attending a concert at the White River Amphitheater.

06/15/13 10:03 PM 13-134704 17400 block SE 387 PL Theft

An adult female reported the theft of a lawnmower, generator, gardening tools, gas can, machete, and frozen food from her yard/porch. The case is being investigated and there is a suspect.

06/16/13 10:00 PM 13-135453 38700 block of 160 DR SE **Auto Theft**

An adult male reported the theft of his blue 1999 dodge Durango from his yard. His keys were also missing. There is no suspect information at this time. He located his vehicle on Monday.

06/17/13 10:30 PM 13-135351 Bingo Hall Vehicle Recovery-Outside Stolen

While investigating a larceny case, it was discovered that the vehicle involved in the larceny was stolen out of Moses Lake. The vehicle was impounded and taken as evidence.

06/17/13 1:00 PM 13-135880 39900 block Auburn **Enumclaw Rd Trespass**

A 43 year old male was trespassed from private property due to escalating family problems. He had been asked not to come onto the property by the owner. He was served a trespass order for the period of one year.

06/18/13 2:10 PM 13-136806 17400 block SE 392 ST Theft An adult male who attended the Muckleshoot Veteran's Pow Wow over the weekend, reported the theft of his I pad 3 from some personal belongings on the Pow Wow grounds.

tal Problem A 28 year old male was transported to the hospital after consuming bleach in a suicide attempt. He had been in an argu-

06/18/13 8:03 PM 13-137086 38500 block 172 AV SE Men-

ment with another family member just prior to consuming a small amount of bleach.

06/19/13 4:36 PM 13-137873 41400 block Auburn-Enumclaw RD SE Warrant Arrest/Obstructing an Officer

Stephen Gonzales (26) was arrested on a Department of Corrections (DOC) no bail warrant for "Escape from Community Custody" after a short foot pursuit and struggle. Gonzales was cited/arrested via citation for "Resisting Arrest." Dennis Anderson III (22) was cited/arrested via citation for "Resisting Arrest" as he has warrants and ran from a deputy during the same incident.

06/19/13 10:43 PM 13-138185 41400 block Auburn-**Enumclaw RD SE Family Disturbance**

An elder male and his adult son got into a verbal argument. The son fled the scene before deputies arrived as he had a felony warrant for his arrest.

06/20/13 12:25 AM 13-138241 SE 380 PL/Auburn-**Enumclaw RD SE Recovery of a Stolen Vehicle**

A vehicle was stopped for an equipment violation. The vehicle was a stolen silver Jeep Cherokee from Auburn. The adult male driver was arrested and booked into the King County Jail for "Possession of a Stolen Vehicle."

Rebecca Underwood-Elkins (23) was cited/arrested via citation for "Criminal Trespass in the First Degree" after she was found in a house on the Davis Site and had previously been trespassed from all Housing Authority property for a period

06/21/13 9:54 AM 13-139330 Davis Site Trespass

of two years on 04/06/13. 06/21/13 5:00 PM 13-139466 1800 block Central AV S War-

rant Arrest/Court Order Violation

Dennis Anderson III (22) was arrested on a King County felony warrant for "Domestic Violence (DV) Assault" with a \$50,000 bail and a Puyallup misdemeanor warrant for "Assault in the Fourth Degree" and "Theft in the Third Degree" with a \$2,600 bail. Anderson was also arrested for being with an adult female just prior to his arrest who has a valid "DV No Contact Order" against him.

06/21/13 8:10 PM 13-139833 41400 block Auburn-**Enumclaw RD SE Warrant Arrest**

Christopher Richardson (30) was arrested on a felony King County warrant for "Possession of a Controlled Substance (drugs) without a Prescription" with a \$5,000 bail. Richardson was booked into the King County Jail.

06/21/13 11:17 PM 13-140043 Skopabsh Village Family **Disturbance**

Deputies were called to a verbal argument by neighbors between an adult male and an adult female who live together. A deputy found the female walking away from the house with blood on her lip, she told the deputy she fell down and that she did not want to talk to him. The male was found at a different location, he said that it was just a verbal argument. A report was written to document the incident.

06/22/13 8:26 AM 13-140273 SE 392 PL/164 AV SE Recovered Stolen Vehicle

A deputy discovered a blue 2007 Nissan Titan pickup truck that had been stolen from Spanaway the night before. The vehicle was released to the owner at the scene.

06/23/13 7:57 PM 13-141518 Davis Site Warrant Arrest Anthony Bennett (23) was arrested on a felony warrant for "Failure to Register as a Sex Offender." Bennett was booked into the King County Jail.

06/24/13 6:50 PM 13-142280 38700 block 160 DR SE Runaway

A juvenile was reported as a runaway by her guardian after not returning home from school.

06/25/13 8:00 AM 13-142841 38900 block Auburn-**Enumclaw RD Sex Offender Registration**

A Level 2 sex offender reported a change of address.

06/25/13 11:47 PM 13-143390 38600 block 160 DR SE Liquor Violation

A juvenile was found intoxicated. The juvenile also had multiple warrants. The juvenile was declined at the Youth Center due to their intoxication and was released to their mother in Federal Way.

06/26/13 11:00 AM 13-143703 Davis Site Obstructing an Officer

Three juveniles were found trespassing in a vacant Housing Authority house by a staff member. Deputies detained all three subjects trying to sneak away from the house, two of juveniles physically resisted being detained while the matter was investigated. Two of the three juveniles are being charged with "Resisting Arrest."

06/27/13 2:51 PM 13-144802 41100 block 180 AV SE Missing Juvenile

A grandmother who has full custody of a juvenile grandchild reported the child missing. The juvenile is thought to be with a biological parent who does not have custody.

06/28/13 1:30 PM 13-145624 41200 block 180 AV SE Vandalism

An adult female reported all four tires on her vehicle were slashed, the rear passenger window, rear window and the windshield broken.

06/29/13 6:09 PM 13-146820 40200 block 180 AV SE Driving While License Suspended

Leo Daniels (82) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

06/29/13 11:02 PM 13-147098 Davis Property Trespass Patricia Rincon (28) was cited/arrested via citation after being seen on the Davis Property by a deputy after having been trespassed from the property.

06/30/13 12:09 AM 13-147163 38400 block 180 AV SE **Driving While License Suspended**

Mariana Romero Lopez (28) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday 11:00 AMChurch Service

12:00 Noon Prayer Meeting Tuesday

6:30 PM Bible Study Wednesday

Thursday 12:00 Noon

Support Group Meeting

Thursday 7:00 PM

Spanish (language) Church

7:00 PM Prayer Meeting Friday

3rd Saturday 10:00 AM

Prayer Meeting

Cobell Questions?

Landowners/ **IIM Account Holders**

If you have questions regarding the Cobell Lawsuit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free

1-800-961-6109, or e-mail them at: info@IndianTrust.com



Ewohy, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting, we are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacorna, WA 98409. Our website is www.katericircle.com

ATTENTION ALL MUCKLESHOOT **COMMERCIAL FISHERS** SAFETYALER

DRUG SCREENING PROCEDURES WILL BE IMPLEMENTED FOR THE 2013-2014 COMMERCIAL FISHING SEASON COMPLIANCE WILL BE REQUIRED IN ORDER TO OBTAIN STICKER AND TO MAINTAIN ELIGIBILITY. THE FISH COMMISSION CURRENT POSITION IS TO REQUIRE A HAIR FOLLICLE TEST.

- THE FISH COMMISSION -

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister Sandy Heddrick, Assistant Minister Carl "Bud" Moses, 1st Elder Lee Stafford, 2nd Elder Gerald Moses Sr., 3rd Elder Teri Starr, Secretary/Treasurer Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweat Lodge Doug Moses, 425-301-6081

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs **ON-LINE**

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours: Monday - Wednesday 9am to 6pm Thursday 9am to 9pm Friday 9am to 5pm HR Phone Number 253-929-5128



CULTURAL WELLNESS **G**ATHERINGS

AA Meeting

The Foundation Every Tuesday 12-1PM Muckleshoot Recovery House Lunch Served 39225 180th Ave SE Auburn Wa. 98092

Feather Healing Circle

39015 172nd Avenue SE Tuesdays 5:00 pm

Auburn, WA

Grief and Loss Grief and Loss

Support Group Wednesday's 6:00pm -8:00pm Behavioral Health, Bear Lodge

Women's Group

Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group

Muckleshoot Behavioral Health Thursdays 4:30 pm to 9:00 pm

Al-Anon Meetings

Auburn First United Methodist

Church Monday 10:30 a.m. E. Main & N St. S.E.

Auburn, WA 98002

Federal Way Sunrise

United Methodist Church

Monday 6:30 pm 150 S. 356th St.

Federal Way, WA 98003

with Father Pat Twohy

St. Claire's Mission Chapel **Muckleshoot Reservation** 3rd Saturdays at 5:00 PM

Come work for **Your** Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us



EVENTS CALENDAR

July 13-14

Ducks Softball Tournament - Co-Ed. Muckleshoot Ballfields. For more info call 253-569-0089

July 26-28

Sobriety Pow Wow, Muckleshot Pow Wow Grounds; info: Lisa Elkins, 253-939-6648 or Mike Starr, 253-329-4360.

August 1

Canoe Journey. Canoes land at

Taholah.

August 6

National Night Out -**30th Anniversary.** 4:30 - 7:30 pm at Muckleshoot PowWow Grounds

August 10

Family Keta Creek Trout Derby -8:30 - 2pm Keta Creek Hatchery. Call Gail Larsen at 253-876-3178

August 23-25

Muckleshoot Skopabsh Pow Wow

August 24

Julian O. Argel One Year Memorial, 1-6 PM at Chief Leschi School, 5625 52nd St. E., Puyallup, WA; RSVP to Marty Laronal, 253-267-2780;

martyjlaronal@yahoo.com; or Margie Morris, 425-775-7256, alphonseron@comcast.net

Sept. 28

Family Keta Fall Classic -8:30 - 2pm Keta Creek Hatchery.

Call Gail Larsen at 253-876-3178

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!! Muckleshoot.Monthly@muckleshoot.nsn.us



2013 Per Capita Deadlines and Schedule

SEPTEMBER DISTRIBUTION

August 9 **Deadline to stop taking Direct**

Deposit Changes/ Cancellations

Enrollment Cut Off Date for August 31

Dec 2013 Per Capita

Per Capita Distribution Cougar

September 4 Per Capita Distribution Cougar

Room

September 3

October 4

October 25

November 26

December 30

September 5 **Per Capita Distribution**

Finance Building

NOVEMBER DISTRIBUTION

September 30 **Deadline for New Direct** Deposits to be turned in to Tax

> Fund Deadline for Information to be

turned in to Tax Fund from

Tribal Programs Deadline to stop taking Direct

Deposit Changes/

Cancellations

Per Capita Distribution Cougar November 25 Room

Per Capita Distribution Cougar

Room November 27 Per Capita Distribution - Half

Day Distribution Only in

Finance

MARCH 2014 DISTRIBUTION

Enrollment Cut Off Date for November 30 March 2014 Per Capita

> Deadline for New Direct Deposits to be turned in to Tax

Fund





Paul Allen with Heather Paul and Marcie



CELEBRITY SIGHTING: Marcie Elkins got these photos of Microsoft co-founder Paul Allen, who was seen rocking out at the recent Lynyrd Skynrd / Bad Company concert at the Muckleshoot White River Amphitheatre. She also sent this picture of the wild kitties she's been feeding.



Happy Birthday to Loretta Williams! 57th Birthday, July 9, 2013



My Family - My Little brothers may be younger than me, we had a rough childhood. When you grow up having nothing but each other you end up being closer than ever with your siblings. Bro Max, Bro Landon, Bro Tyson and Bro Brad. Three Simmons and the Brad Elkins. We are cousins, raised as brother and sisters though. Love them with all my heart. Thanks for always being there for us my brothers - Simmons-Elkins family, submitted by Vanessa.



I want to put in a special thank you to the Muckleshoot Housing maintenance crew for what they've done to my yard. My yard looks fantastic - it's absolutely gorgeous! It's nice, like a park setting out there now. A very special "Thank You" to the whole crew for all their hard work!

~ Georgina K. Smith (and feline sidekick, Trouble Smith).

Race for the Cure "2013"

It was a memorable day on June 2, 2013 for me and my grandson, Allen (Sutton) Moses. I had told Norma "Babe" Eyle that I would join her in walking the mile in the "Race for the Cure." We were at Tulalip for the stick games during that weekend. We left our hotel room in Everett around 8 am to leave for Seattle.

I had a missed call from Babe, so I had called her back to find out where we needed to meet. She said by Seattle Center, so I said okay; we are on our way. We arrived at Seattle Center around 8:30 and met up with Babe. We walked to the area we were to register and start the walk..

There were people all dressed up in "pink" all along the way to the Seattle Center. We got to the area where we registered and Babe gave me a bag with all kinds of "pink" tutus, glasses, feather boas, scarves, etc. We went to the bathroom to change and put our "pink" garb on. We registered and headed out to the starting line.

I was getting excited because I had never done this walk before. There were people all over wearing "pink" everything. We started the walk and I must admit; I got choked up a few times. Some people were wearing T-shirts, signs and banners with pictures of their loved ones who had passed on from "Cancer". Some people just had names of people who are still fighting this dreaded disease.

I wrote Norma "Wassie" Eyle & Norma "Babe" Eyle on my sign and Allen had "Grandma Sharon" on his. Babe wrote "Mom & Auntie Sharon" on hers. Away we went with

the enormous group of walkers. It was exciting, yet sad in a way and it made me feel good that I could be there to help raise money for such a great and endearing cause.

There were groups of "Cheerleaders" along the route cheering all the walkers on, so we gave them a "high five". It is a very gratifying experience to do the walk and the feeling of accomplishment when you are nearing the finish line. Near the end; the line splits for "Survivors" and one for the walkers.

I would like to thank every person who donated their energy, time and money for the "Race for the Cure". It is an uplifting and gratifying experience and I hope to walk 5 miles next year. I want to thank my niece Babe for inviting me and walking the mile. I would like to give my grandson Allen a huge shout out and say thank you.

Babe said next year; we will get our own team. We will order a "Pink" banner with "Team Muckleshoot" on it and wear that on our T-shirts also. My daughter and grandson, Anthony said they would like to do the walk already. I'm getting excited for next year already. If you would like to do the walk next year; please contact Babe or myself.

Sharon Laclair "SURVIVOR"



Allen Moses at Race for the Cure



Sharon & Babe at race for the cure



Allen Moses



Babe Eyle at Race for the Cure



JULY 10[™]

HAPPY BIRTHDAY RONETTE!! LOVE, BAKE, LENA, CHUCK, SHELLEE, JOHNNY, ALEX & MAGGIE

HAPPY BIRTHDAY GRANDMA RONETTE! LOVE, LENORA, NOEL, SIERRA & JENNIE

Allen and Babe



Dereka LaDeanna Sneatlum Fryberg



Jacob's catch of the day!

Thank you

I wanted to take this time to thank all that came to show support for my son and daughter's first season in Auburn Little League. I know it meant a lot to them, to me as well.

Bella (Isabella Starr) was in T-ball and on the Peaches team, all girls and she said that she loved it. I want her to be active and not too scared to try new things with new people. She did good and loved that she got to play on the field just like her mom and brother Timmy.

Timmy (Timmy Ross Jr.) tried out for the AAA league and was drafted to the Auburn Viper's; he was excited and ready to learn. He made some great new friends and met some coaches that he respected and grew close to. He makes me proud when I see him trying and at times I know that I push him to be better, but that is only because I know his potential. He had the best support from his grandpa and grandma, Mike and Candy Starr and without them I know that I wouldn't have been able to have him where he needed to be.

I hope to see more players and parents involved in these types of activities. Sports give so much to children; self-confidence, discipline, team work, exercise, responsibility, accountability, independence and the time set just for them and having fun with others their age.

Once again, from me to you, thank you for

Respectfully, Amelia Starr A Blessed Mother





Sportsmanship



Team Vipers at Mariner's game



Best Fan!



Timmy in the field





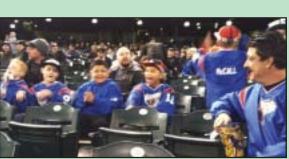
Best view from behind the fence



Relaxing before the game



This is his playground!



Waitng to be put on the big screen



Biggest Little Fan

Oakley



Opening Ceremony 2